

Symposium on Menopause: A Path to Bone and Muscle Health
Organized by
Kasturba Health Society's Medical Research Centre (KHS-MRC)
and
Bhanuben Nanavati College of Pharmacy (BNCP)
in collaboration
with
Mumbai Obstetrics & Gynecological Society (MOGS)
and
Mumbai Menopause Society (MMS)

Venue: Juhu Jagruti Hall,
1st floor, Mithibai College Building,
Vile-Parle (W), Mumbai: 400056

Date: 25th September 2018

Time: 1.00 pm to 6.00 pm

Registration and Lunch: (1.00 to 1.30 pm)

Inauguration: (1.30 to 2.15 pm)

- Prayers & lighting of Lamp: Shobha Iyer & Pooja Bandekar
- Welcome Address: **Dr. Deepak Dave**(Medical Director, KHS-MRC)
- Theme of the symposium: **Dr. Rama Vaidya**(Director, Endocr-Metabol Dis.,KHS-MRC)
- Chief Guest address: **Dr. Ratnabali Chakraborty** (President, Federation IMS)Kolkata

Master of ceremony: Dr Sujata Sawarkar (BNCP), Shubhada Agashe(KHS-MRC)

Session I: Basic Dimension of Musculoskeletal Health and Dysfunction

Comper:- Dr.Chhaya Godse(KHS-MRC)

Chairpersons: **Dr Bipin Pandit,** **Dr. Munira Momin,** **Dr. Nita Dalal**
(President, MOGS) (Principal, BNCP) (President, MMS)

Time	Title of Talk	Speaker
2.15 to 2.30 pm	Post-menopausal osteoporosis (PMO) cellular & molecular mechanisms	Dr. Naibedya Chattopadhyay Chief Scientist,Endocr div. CDRI,Lucknow
2.30 to 2.45 pm	<i>D. sissoo</i> in PMO: Pre-clinical studies and models	Dr. Ritu Trivedi Senior Scientist,Endocr div CDRI, Lucknow
2.45 to 3.00 pm	Roots of Innovative Therapies for Musculoskeletal health issues	Dr. Ashwinikumar Raut Director, Clinical Research KHS-MRC
3.00 to 3.15pm	Formulation R & D for Drugs used in Menopause	Dr Ganga Shrinivasan HOD, pharmaceuticals (VES college of Pharmacy)

3.15 to 3.30 pm Discussion and chairpersons remarks

3:15 to 3:45	Refreshment
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Session II: Opportunities and Challenges in pre & post Menopausal – Bone Muscle Health

Compere:- Dr.Pooja Bandekar(MOGS)

Chairpersons:; Dr. Preeti Galvankar, Dr Rashmi Shah , Dr Jayashree Joshi

(HOD,OBGYN, Nanavati Hospital) (Ex.Deputy Director,NIRRH) (Joint Reseach Director, KHS-MRC)

Time	Title of Talk	Speaker
3.45 to 4.00 pm	<i>D. sissoo</i> in Post- Menopausal Osteoporosis- A Clinical Study	Dr. Meeta Singh Co.Director,OBYGYN, Tanvir Hospital, Hyderabad
4.00 to 4.15 pm	Sarcopenic Obesity at Menopausal Transition and Beyond	Dr. Geetha Balsarkar Prof&Unit incharge Nowrosjee Wadia Maternity Hospital, Seth G.S.Medical College
4.15 to 4.30 pm	Prevention of Falls & Fractures	Dr. Mona Shah HOD,Physio-Rehab KHS-MRC
4.30 to 4.45 pm	Enhancement of Factice Healing	Dr. Tushar Jimulia Consultant Orthopedic surgeon

4.45 to 5.00 pm Discussion and chairpersons remarks

Panel Discussion:

Compere:- Dr.Ritu Hinduja(MMS)

Moderators: Dr Ranu Patni,

Dr Rama Vaidya

(Gyanec.Onco.Surgeon,EHCC Hospital,Jaipur)

(Director Endocr-Metabol Dis,KHS-MRC)

Time	Discussion Topic	Panelists
5.00 to 6.00pm	Building Bridges for Future Direction for Integrative Menopausal Healthcare	Dr Arvind Chopra , Director, Pune Centre for Rheumatic Diseases Dr Deepak Patkar , Director,Medical services & HOD, Imaging Radiology,Nanavati Hospital Dr Ram Prabhoo , Ex.President, Indian Orthopedic Association Dr Rashmi Shah Ex.Deputy Director,NIRRH Dr Suvarna Khadilkar , Ex.President, Indian Menopause Society Dr Shobha Udupi , Hon Director Integrative Nutrition and Ayurceuticals,KHS-MRC

Dr. Rama Vaidya

Hon.Director-Endocrine Metabolic Disorders
Kastruba Health society-Medical research centre
Mumbai-400056

Dr.Bipin Pandit

President
Mumbai Obstetrics & Gynecology

Dr. Munira Momin

Principal & Prof ofPharmaceutics
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Dr. Nita Dalal

President
Mumbai Menopause Society

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