



May 2020 - May 2021

The Mumbai Obstetric & Gynecological Society



Dr. Rishma Dhillon Pai President MOGS

Dr. Anahita Chauhan Secretary MOGS

Editors Reena Wani Mansi Medhekar

Ameya Purandare Madhuri Mehendale Dr. Rajendra Sankpal Treasurer MOGS

MOGS TEAM 2020-2021 (PHOTOS)



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Dr. Shailesh Kore (Librarian)



Dr. Reena Wani **Committee Members**



Dr. Priti Vyas Committee Members





Dr. Jaydeep Tank (Immediate Past President)





Dr. Kedar Ganla (Jt. Clinical Secretary)



Dr. Sudha Tandon **Committee Members**



Dr. Priya Vora Committee Members



Dr. Niranjan Chavan (Vice- President)



Dr. Anahita Chauhan (Secretary)



Dr. Purnima Satoskar **Committee Members**



Dr. Atul Ganatra



Dr. Suvarna Khadilkar (Jt. Secretary)



Dr. Parikshit Tank **Committee Members**



Dr.Rajendra Sankpal (Treasurer)



Dr. Ameya Purandare Committee Members

Dr. Sanket V. Pisat

Committee Members



Committee Members





Dr. Unnati Mamtora **Committee Members**



Dr. Rajendra Nagarkatti

Committee Members

Dr. Mansi Medhekar **Committee Members**



Dr. Raju Sahetya **Committee Members**



Dr. Arun Nayak (Past President)

Dr. Rohan Palshetkar **Committee Members**

(Past President)





Dr. Nandita Palshetkar



Dr. Vanita Raut (Past President)







(Past President)





Dr. Shyam Desai

Dr. C.N. Purandare



Dr. Duru Shah

TRUSTEES











Dr. Nagendra Sardeshpande Committee Members

Dr. Punit Bhojani

Committee Members





Committee Members



Dr. Vandana Bansal **Committee Members**



Dr. Gaurav Desai **Committee Members**



Dr. Bipin Pandit







From the Desk of **Dr. Rishma Dhillon Pai** President MOGS 2020 – 2021

Dear Colleagues,

Let me begin by thanking you for the trust and confidence that you placed in me by electing me as President of this prestigious organization ,The Mumbai Obstetrics and Gynaecological Society. It's been a long journey of 43 years as MOGS member and 20 years on the managing committee, before I could reach this position. In fact, I am one of the only two Presidents in the 87 year old history of MOGS, who became FOGSI President before becoming MOGS president. I had the privilege of serving as President of Indian Society of Assisted Reproduction (ISAR) and Indian Association of Gynaecological Endoscopists (IAGE) before attaining this esteemed position.

I took over as MOGS president on 10th May 2020, amidst the first wave of the Covid 19 pandemic. I had prepared meticulously since a year for my tenure but had to suddenly and completely change course and venture into unchartered territory, that of the virtual digital world, new and yet unexplored.

We changed design, direction and execution but not the core spirit, plan and sentiment ! Our installation was truly unique and probably the first in FOGSI on a virtual platform. We followed it up with 62 large and medium sized conferences and CMEs, attended by more than 65,000 doctors, a record for MOGS. In fact, just our FEM Conference, had delegates from more than 127 countries participating and free posters from Europe being sent, a first again. Our annual conference attendance of 4,200 has also been unheard of. So you lose some but win some too!

We did lots of new things this year, including making a new and meaningful flag for MOGS, giving all our members a beautiful keepsake certificate, creating archives with video recordings of all past presidents, introducing 'MOGS Masti' with attractive prizes and 'Fit is It' our mantra, in every event that we did.

The 'MOGS Personality of the year' contest received a very enthusiastic response as did the 'Video of the year' award. The 20 academic short videos 'Pearls of Wisdom' were appreciated by all, as were the newsletters, MOGS Musings, MOGS Matters and MOGS media which were sent out regularly.

For the first time a 'Youngistan Conference- by the Young for the Young at heart', was held and was a huge success. Our office also received a makeover and all the presidents photos were put up on the walls, as a beautiful memory for all that they contributed. What I am most proud of this year is our 'V Care and Share' Programme. Throughout the year on many occasions we sent out hundreds of care packages with Covid essentials, such as masks, sanitizers, protein supplements, nutritional foods and snacks to pregnant and post-natal patients and resident doctors in all BMC and peripheral hospitals in Mumbai.

We included lecturers and heads of units with small thank you gifts on several occasions as our way of saying thank you for fighting against all odds and saving lives while risking their own. We provided necessary items they needed, PPE kits, N95 masks, pulse oximeters, digital thermometers, NST machine, BP instruments etc. at the beginning of the pandemic, when all this was in short supply. On special occasions like Holi, Christmas we sent out small gifts which helped cheer them up.

We conducted free health camps also. As our last activity we gave pendrives with many hours of practical teaching to all resident doctors in Mumbai, as teaching has really suffered this year due to the pandemic.

My year as President of MOGS has come to an end. It's been very satisfying, challenging and an amazing learning experience. It's been a year which has created history by being the first fully digital year of MOGS and the learnings from this year will really change the way MOGS functions in the future. I would like to thank from the bottom of my heart Dr. Anahita Chauhan, my Secretary and Dr. Rajendra Sankpal my treasurer this year who were a huge support to me, as well as the entire managing committee and the Youth Council. The staff of MOGS worked really hard despite the extremely difficult situation of the pandemic. The team at Onference with Makrand Desai at the helm, were our lifeline this year.

A big thank you to all our academic partners without whose help we would not have been able to do all the activities that we did. Last but not the least, a big thank you to my family, Hrishikesh, Arnav, Anvisha, Ravi, and my sister Poonam Dhillon, Anmol and Paloma for all their love, help and support through this year and always. Endings are always difficult, but I believe when something ends, there are new beginnings, new hopes and opportunities and new things to be excited for. Thanks a lot to all of you for always being with me through the years and for your support and encouragement. I will always cherish these memories.

Stay safe and may God bless you all.

Rishma Dhillon Pai



Thank you so much for putting your confidence in me and giving me the opportunity to serve this excellent organization, MOGS, as its president for the year 2020-2021





Every year MOGS has a unique theme & this year it was "MOGS for Women- Our speciality is you"

From the Desk of Editors

"We must be willing to let go of the life we have planned, so as to accept the life that is waiting for us."

Friends, this annual report is a testament to what radical changes we have gone through as an organization, and a tribute to what each of us has managed to do as MOGS members, in the trying times that started just before Team 2020-21 was to take over. From inception to fruition, each project and program underwent changes, to keep pace with the "new normal" due to the challenges of lockdown, social distancing and virtual connectivity.

We feel priviledged to document the journey from 10th May 2020 till 15th May 2021, where we found that every stumbling block had been changed into a stepping stone to progress! Incredible interactions, international and national participation and variety of activities have been done, and we have tried our best to gather the gist of these for you to look back upon. In case of any inadvertent omission, do bear with us as there has been much done in this landmark year.

"Once we accept our limits, we go beyond them" and truly we as an organization have risen to the challenges of Corona times, balancing professional and personal issues on the way. We look forward to continuing this incredible voyage with the incoming team too, since COVID-19 has not yet gone away in 2021. Stay Healthy and Stay Safe!!

Editors

Reena Wani Ameya Purandare Mansi Medhekar Madhuri Mehendale

SECRETARY MESSAGE

Dear MOGS members and friends,

It was an honor and privilege to serve our Society as the Secretary for 2020-21, under the dynamic leadership of our visionary and hard working President, Dr. Rishma Dhillon Pai.

"We are all faced with a series of great opportunities brilliantly disguised as impossible situations" - this statement exemplifies the year gone by! We had to rethink and restructure our personal and professional lives due to the pandemic, and at the same time organize and coordinate programs and activities for MOGS. In a year filled with firsts, we had a total of 65 academic events, which included major conferences and orations, webinars, CMEs, outreach programs, and PG teaching programs, all conducted on the digital platform. Our commitment to academic



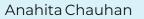
excellence did not waver despite the odds and we had record- breaking registrations in all our programs, with close to 60,000 attendees overall.

This report is a chronicle of our busy and successful year, and its compilation was a mammoth task. Our enthusiastic and efficient team of Reena Wani, Ameya Purandare, Madhuri Mehendale and Mansi Medhekar deserve special thanks for their superb efforts.

I would like to place on record my gratitude to each and every office bearer, managing council member, youth council member and our office staff, who gave their best and rode this wave with us.

Throughout the year, we have tried to reach out to our members in a variety of ways, and hope that you have enjoyed our programs and activities. Your continued support and encouragement means the world to us.

Stay safe, stay healthy!









Ameya Purandare



Mansi Medhekar



Madhuri Mehendale

SECTION 1

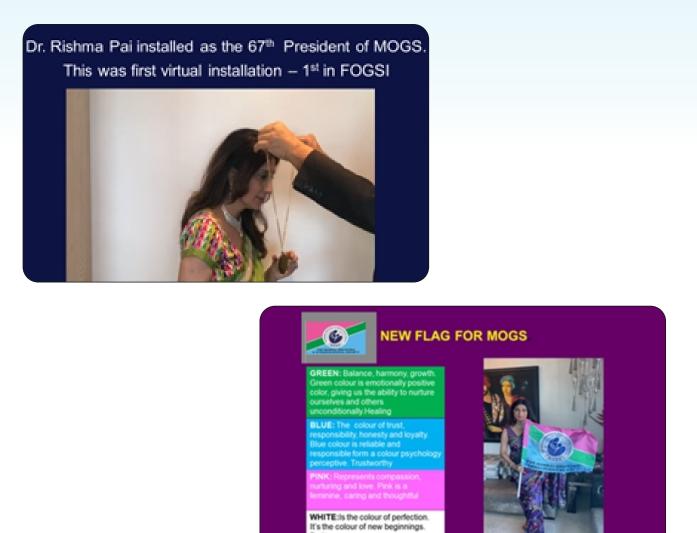


The year 2020-2021 was a game changer for MOGS Several 'Novel' changes were brought about. Here is a glimpse of **'WHAT'S NEW?'**



WHATS NEW

The year 2020was a year of new beginnings and innovation for MOGS. A lot of activities were introduced for the first time in MOGS. It wouldn't be wrong to call the year 2020-2021 a year of Renaissance or new beginnings We started with the VIRTUAL installation of the 67 th President of MOGS, Dr. Rishma Dhillon Pai, first in the history of MOGS & FOGSI.



MOGS got its new flag

Every nation has its own flag. Flags are important to countries not only because it describes the authority and power of the nation but also because it is a symbol of peace and unity of all the people inside its vicinity. With a similar concept in mind,Dr. Rishma Pai came up with the idea that MOGS should have a flag of its own. The flag not only represent our beloved organization but also marks the unity amongst its members.

Purity

The Flag has four colours. Green representing balance, harmony, growth and healing. Blue signifies trust, responsibility, honesty and loyalty. Pink is a feminine colour of love, caring and compassion. White is a representation of purity, perfection and new beginnings.



Promotional Videos

For the first time in history of MOGS we had promotional videos showcasing not only what MOGS stands for, but also letting the member know about MOGS activities and excellent work done by its members.

MOGS V CARE and SHARE

Year 2020-21 was a difficult year for everyone due to the COVID pandemic. The coronavirus COVID-19 pandemic is the defining global health crisis of our time and the greatest challenge we have faced since World War Two. Doctors across India are battling hard in their personal as well as professional lives to fight against the Covid-19 pandemic that has claimed so many precious lives.

MOGS started the first initiative of V CARE & SHARE for our frontline workers, who worked tirelessly in this pandemic. MOGS not only supplied the essential needs of these heroes like PPE, Sanitizers, face shields etc but also encouraged them with small personalized gifts and gesture.



And for this great vision and effort, **MOGS won the prestigious CSR health Impact award for COVID Essential Heroes this year.**

Wall of fame

The MOGS office didn't have the photos of the Past Presidents on its wall. They were put up during this year. And we proudly call it – the Wall of Fame.



MOGS ANNUAL REPORT | May 2020 – May 2021



MASTI and FIT IS IT

This year we had our conferences and webinars conducted virtually throughout the year. As it is righly said, ALL WORK AND NO PLAY MAKES JACK A DULL BOY.We not only had academics but also had some FUN with the MOGS MASTI sessions.We had unique one liner questions-academic and otherwise, during the webinars, allowing the delegates to actively participate and win exciting prizes.

It is very important to stay fit and healthy. FIT IS IT being the Mantra of the year, we had a few sessions where we had our MOGS committee and youth council members share their fitness tips via small video clips with all our members, motivating each and every one and stressing upon the fact that fitness and health come above all.



MOGS-IVF WORLDWIDE CONFERENCE-

Conveners being the Dr. Hrishikesh Pai, Dr. Nandita Palshetkar, Dr. Zeev Shoham

127 countries came together on a virtual platform and shared their knowledge. First time in history of MOGS, MOGS collaborated with IVF worldwide, shattering all records with a whooping attendance of 5800.

YUVA leads & YOUNGISTAN 2020

We have our youth council members who are the backbone of MOGS working hard during all our conferences. YUVA leads were appointed this year to encourage young members to participate, organize and lead events and conferences. YOUNGISTAN 2020 was one such conference which was organized and had young faculty members. A YOUNG Conference, by the young for the young at heart

Pearls of wisdom

We also introduced short 5-10min informative videos on relevant topics to watch in our busy practice keeping us updated with the nuances in the subject. Total of 20 short videos, Pearls of Wisdom, on various topics have been sent via email to all members

ase Seque	Speaker Name	Topic			
ase sedae	Speaker Hanne	Topic	11	Sujata Dalvi	Pre-Term Labor
1	Rishma Pai	Nutrition	12	Suvarna Khadilkar	Management of Hypothyroidism in Pregn
2	Rajendra Nagarkatt	Prevention & Management of Osteoporos	13	Pratik Tambe	Adolescent PCOS
3	Abhay Bhave	Anemia	14	Ganpat Sawant	Vitamin C
- 4	Reena Wani	Drug Therapy for PreEclampsia	15	Niranjan Chavan	Calcium
5	Ameya Purandare	Probiotics in vaginal health	16	Sarita Bhalerao	Anaemia in Women
6	Rishma Pai	Endometriosis	17	Shailesh Kore	5-MethylTetraHydroFolate
7	Mansi Medhekar	IV Iron	20	Rajendra Sankpal	Fibroids
8	Punit Bhojani	Managing Rh -ve pregnancies			
9	Anahita Chauhan	Vaccination in Pregnancy			
10	Geeta Balsarkar	Non Harmonal Management of AUB			

MOGS MEMBERSHIP CERTIFICATE

Personalized Membership certificate was given to all the members of MOGS after many years

Senior Supporters of MOGS (SSM) There is another pool of talent and experience which MOGS needs and can use and was started this year. Trustees Session was also included in the Annual Conference keeping this theme in mind.



Alogs for

Creating Archives of MOGS:

Dr. Rishma Pai felt that it is really important for

an organization to document its journey. We have very little historical data, pictures and memoirs of events held in past. With this vision in mind MOGS has already made a video recording of all past presidents of MOGS. We plan to keep all our events videos pics and memories archived.

Introduction of two new unique awards

MOGS personality award was announced for an all-rounder personality. Applications were invited, shortlisted and the final round was held during the annual conference.

MOGS best video award on the theme of the year was also declared during the annual conference.

MOGS APP & WEBSITE

MOGS App was launched in 2018-2019 during the presidential year of Dr Bipin Pandit. In year 2020, the tenure of President of Dr Rishma Pai, the app was revamped & version 2.0 was launched. The app is available on Andriod & iOS platform and is being used by more than 1000 MOGS members.

The major changes in version 2.0 are the President's message, photographs of all past presidents & trustees. Interesting case of the month, in which members can post interesting & challenging cases tackled by them during the month, is one of the new feature The video library has videos of various surgeries & the oration section has the videos of various orations done throughout the year.

New members can also submit their membership application online. All the forthcoming events details are available to members through the app. All Newsletters created by MOGS are also uploaded on the app. Photo gallery has photos of various conferences Directory is available, in which all MOGS members contact details are there Quiz of the month with the leader board is also one of the new feature The MOGS website address is www.mogsonline.org. The website is regularly updated with information about recent and forthcoming events and important notices.

SECTION 2



MOGS PUBLICATIONS



MOGS Publications - MOGS Newsletters.

We reached out to our members with not one, not two but three varieties of NEWSLETTERS. We like to call them

"MMM":MOGS Media, Matters and Musings

The Newletters were highly appreciated by all.

MOGS MEDIA: The credit of the superb concise 8 editions of MOGS MEDIA goes to Dr Pratik Tambe. The MEDIA revolved around relevant topics like, Preterm Birth, Anemia and Nutrition in Pregnancy, Optimising IUI results, Endometriosis, PCOS, Premature Ovarian Insufficiency, Covid -19 and Special situations on OBs and Gyn



MOGS MATTERS:

6 ISSUES with online LINKS FOR EACH ISSUE. MOGS MATTERS were comprehensive detailed newsletters focussing not only on academics but entertaining the readers with some fun quiz, facts and crosswords. It also showcased the hidden talent of our members who in addition to brilliant gynaecologists are superb painters, photographers and cooks. Editors of the 6 MOGS NEWSLetters were Dr Reena Wani, Dr Niranjan Chavan, Dr Kedar Ganla, Dr Shailesh Kore, Dr Ganpat Sawant and the entire Yuva lead.

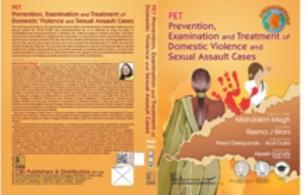




MOGS MUSINGS

Musings were the 3 print newsletter which were posted to all members. Varied topics in recent advances in Obstetrics and gynaecology were covered in these.





PUBLICATIONS BY MOGS MEMBERS Dr Mandakini Megh :

As Chairperson ICOG, came out with many issues of ICOG Campus and E-newsletters. Has released Book on PET – Prevention, Evaluation & Treatment of violence against Women with Dr Reena Wani as Co-editor

Dr Atul Ganatra:

As Vice-President FOGSI, has been Co-editor for4 GCPR's

on Covid in pregnancy. He is co-author of chapter in the Year book of OBGY, 1 article in MOGS Musings, 1 Chapter in FOGSI FOCUS on Contraception, 1 Chapter in FOGSI2020 Text book and a chapter in Elsevier text book

Dr Reena Wani:

As Core committee Member FOGSI VAW Cell, prepared KAVACH Booklet with helplines, put up on FOGSI Website for all members, released Nov 2020. Co-editor for textbook on PET with Dr Megh.

has been Editor of first MOGS Matters, Co-editor for 7th MOGS Media on Covid in pregnancy. Co-editor for AJP Supplement Jan 2021, contributed to for 3 FOGSI GCPR's,



SECTION 3

MAJOR ORATIONS & CONFERENCES



Sr. No.	Oration Date	Oration	Торіс	Orator
1.	10.05.2020	MOGS Dr. Bhanuben Nanavati oration	Rational use of Blood in pregnancy, which was greatly appreciated	Dr. Alpesh Gandhi Ahmedabad
2.	10.05.2020	Dr. MY Raval oration	'Can we lower CS rates without compromising safety'?	Dr. Alison Wright (UK)
3	21.06.2020	MOGS Dr. Dossibai J. R. Dadabhoy Silver Jubilee Oration	First Trimester in Twin Pregnancy	Dr. Asma Khalil (U.K)
4.	28.06.2020	MOGS Dr. Subhash Penkar and Dr. Marie Pereira Oration	"Innovative Treatment of Endometriosis related Infertility"	Prof. Neil Johnson New Zealand
5.	09.04.2021	MOGS Dr. Usha Krishna Oration	Smart Woman, Smart Future	Dr.S Shanthakumari Hyderabad
6.	10.04.2021	Mogs Dr Shraddhanand S Thakur Oration	Protecting One's Fertility- Preservation And Rejuvenation	Dr. Ameet Patki
7.	11.04.2021	MOGS Dr M D Adatia Conference Oration	A Fresh Look At SDG5: Is It Achievable By 2030?	Prof Lesley Regan (UK)



MOGS Conference on "Focus on First Trimester" on 21st June, 2020.

The Focus on First Trimester or the FIT conference was held on an online platform on 21st June 2020. The conference was conducted in association with 4 FOGSI committees -Midlife Management Committee, Foods & Drugs and Medico Surgical Equipment Committee, Genetic & Fetal Medicine Committee and Imaging Science Committee.

We had two role plays with doctors as performers addressing common queries and common ailments in pregnancy. This was the first time that such a session was successfully conducted in an online conference. This were followed by talks on Teratogenicity and Periconceptional counselling by Dr Reena Wani and Dr Sujata Dalvi respectively. 'Prediction and Diagnosis of Hemoglobinopathies: are we doing enough?'by Dr Natarajan, and Dr Archana Baser on 'First Trimester screening of Eclampsia'. Our esteemed international faculty Dr Manjiri Khare, completely bowled the audience by presenting her series of interesting cases of genetic and teratogenic anomalies detected in first trimester.

Chief Guest Ms Sonali Kulkarni, a well-known acclaimed actress with down to earth and pleasing personality touched our audience. She spoke from her heart about her experience with doctors, and showed immense respect for doctors, stating that they are the real heroes. The prestigious MOGS Dr Dossibai J R Dadabhoy Silver Jubilee Oration for the first time in virtual format was given by Dr Asma Khalil From UK, who went in depth about first trimester ultrasound in twin pregnancy.

The office bearer in charge was Dr. Shailesh Kore, and conveners for the program were Dr Purnima Satoskar, Rajendra Nagarkatti, Dr Ganpat Sawant, Dr Komal Chavan, Dr Mansi Medhekar and Dr Rohan Palshetkar. MOCs for the conference were Dr Unnati Mamtora, Dr Shrutika Thakkar and Dr Aditi Tandon. Total registrations were 1000.

MOGS Virtual Conference on Conflict to Clarity focus on Controversial Gynecological issues on Sunday, August 30, 2020

This mega-event was held on an online platform on Sunday August 30th, 2020 from 4pm-8:30pm. The conference was conducted in association with three committees of FOGSI-Endoscopic Committee, Sexual Medicine Committee and Urogynaecology Committee.

For the first time in the history of MOGS, Free paper presentations were conducted on a digital platform. Papers were invited in 3 categories- conflict to clarity in obstetrics, conflict to clarity in gynaecology and interesting cases. A total of 48 papers were received. 12 Senior gynaecologists were invited as judges for the sessions..

The Chief Guest was Shri Anup Jalota, a well-known Indian singer, musician and actor, best known for his performances in hindu devotional music. Shri Anup Jalota addressed the delegates and sang two beautiful devotional songs.

The inauguration ceremony began with Dr. Rishma Pai (President MOGS), addressing the delegates. She announced that MOGS has received the prestigious 'Covid Essential Heroes Award' during the CSR health impact awards function for the 'V Care and Share' programme.



Dr. Ramani Devi, Dr. Rajendra Sankpal, Dr. Kuldeep Jain gave talks and we had an excellent pre-recorded lecture on non- surgical ablative therapy of adenomyosis by international stalwarts, Dr. Rudy Leon and Dr. Hugo C from Germany.

An interactive panel discussion on Her Unspoken Problems moderated by Dr. Suvarna Khadilkar and Dr. Sanket Pisat was very informative.

The last session focused on fibroids. Dr. Andrew Brill (USA) spoke on Laparoscopic Myomectomy (concept necessity and complications) and Dr. Charles Koh (USA) spoke on suturing in Myomectomy (single or multiple layer).

The office bearer in charge was Dr. Rajendra Sankpal. The convenors for the programme were Dr. Reena Wani and Dr. Nargendra Sardeshpande and co-convenors were Dr. Sanket Pisat, Dr. Priya Vora and Dr. Gaurav Desai. The total number of delegates were 1318.

Youngistan Conference on 19th July, 2020

Youngistan conference was one of its kind which was conceptualised by Dr Rishma Pai as she wanted to give the Youth council members a platform to showcase their talents. It was executed by the youth council members of MOGS with the Yuva leads as the conveners, Dr. Bhavini Shah, Dr. Bhumika Kotecha Mundhe, Dr. Jiteeka Thakkar, Dr. Riddhi Desai, Dr. Ritu Hinduja, Dr. Shreya Prabhoo, Dr. Shrutika Thakkar. and Dr Rohan Palshetkar.

This MOGS webinar was organised on 19th July 2020.It was in association with FOGSI committees- Young Talent Promotion committee, Clinical Research committee & Public Awareness committee. The conference had announced Slogan competition with a theme of-Save the Girl Child and E poster creative competition with a theme of -Population stabilisation. Total entries received for Slogan and E poster(creative) competition were 13 and 17 respectively.

The Inauguration started with presidential address to the delegates. The guests of honour for this conference were young talented cofounder's Dr Siddhant Bhargava and Anvisha Pai. Dr Siddhant Bhargava is a nutritional scientist at Food Darzee and is a fitness consultant to many well-known celebrities. Anvisha Pai is a founder and chief technology officer at Dover a tech start up based in Silicon valley, USA. Theirs was an interesting motivational talk not only to the young but also to the young at heart. The Youth council Mentors were felicited for their contribution. The MOGS app version 2 was launched during the inauguration ceremony by Dr Rishma Pai and Dr Sarita Bhalerao

Total registrations -1317. The Youngistan conference was distinctive for making its facebook page and the highlights of the conference were updated on the same page at regular intervals to keep up the interest of the viewers. The facebook insights as on 19th July 2020 were as follows-people reached 12,153, post engagements 3,559 and page likes 875.



MOGS FEM 3.0 Fertility Enhancement & Management Conference in association with IVF WORLDWIDE on 21-22 November, 2020

The Free paper and poster competition of the FEM 3.0 conference was held on 21st and 22nd November 2020 on a virtual platform. Entries were invited under the categories of

- 1. Advanced Infertility management
- 2. Basic infertility management
- 3. Fertility enhancing endoscopic surgeries
- 4. Poster presentations

For the first time in the history of MOGS, we received foreign entries for the poster competition, in which 3 Greek delegates participated. Judges for the event were Dr KedarGanla, Dr Parikshit Tank, Dr Sudha Tandon, Dr Pratik Tambe, Dr RituSantwani, Dr SanketPisat, Dr Mansi Medhekar and Dr Gaurav Desai. Co-ordinators for the free papers were Dr SanketPisat, Dr Mansi Medhekar, Dr Punit Bhojani and Dr Priya Vora, with youth council members Dr Garima Sharma, Dr Sushil Shinde and Dr RIddhi Doshi.

Main event: FEM 3.0 a virtual international conference started with the Inauguration ceremony. President MOGS Dr Rishma Dhillon Pai, gave the audience a brief overview of a the conference and invited the Chief Guest Mrs Lara Dutta Bhupati. She expressed her gratitude towards doctors, especially gynecologist and said that all women hold a special bond with their obstetrician and gynecologist. She further congratulated the team and wished them all the best for the conference. This was followed by words of wisdom and encouragement by the co-chairperson's Dr Hrishikesh Pai and Dr Nandita Palshetkar. Guest of Honour ,Dr Sadhana Desai took the audience through the evolution of IVF. She further added that she looked forward to the amazing scientific content. Dr ZeevShoham, Co-founder IVF worldwide thanked and congratulated the team and was happy to be the part of the conference.

Conference highlights:

- 5800 delegates from 127 countries, attended the conference.
- Scientific committee has judiciously chosen with more than 20 International faculty
- Superb topics PRP, Robotics, Transplant, Risk mitigation, PGT, Fertility Preservation & RPL
- Maharashtra Medical Council 4 points
- ICOG 8 points

FOGSI-ICOG National Conference on Non-Communicable Diseases in Obgy in association with MOGS held on 4th, 5th, 6th, and 7th Feb. 2021

FOGSI ICOG National Conference on (NCD) Non Communicable Diseases in Ob-Gyn. was held on a digital platform from February 4 to 7, 2021. The convenors were Dr Mandakini Megh,Dr Rishma Pai and Dr. Sarita Bhalerao. This mega event was being organized in association with the Mumbai Obstetric & Gynaecological Society and endorsed by FIGO, SAFOG, AICC RCOG, World NCD Federation, MWIA, AMWI and Government of Maharashtra. 20 ICOG Credit Points & 4 MMC Credit Points were sanctioned. For the first time, we bring you a Conference dedicated exclusively to Non Communicable Diseases in Ob-Gyn.



Pre-conference Public Awareness Program was held on 4th February 2021. The Conveners were Dr. Archana Verma, Vice President Elect FOGSI, Dr. Sneha Bhuyar, Chairperson of Breast Diseases Committee of FOGSI and Dr. Kalyan Bamade, Chairperson of Public Awareness Committee. Inauguration of Public Program done by Chief Guests as Dr. Alpesh Gandhi, President FOGSI, Dr. Ramaswamy N., IAS Commissioner (Health Services) & Mission Director and Guest of Honour Dr. Sadhana Tayade, Director Health Services, GOM, Mumbai. On 5th February, there were two workshops on Oncology & Medical Disorders in Pregnancy done parallel.

The main conference was from 6th& 7th February 2021. Many Government dignitaries graced the conference. These included Dr. Rajesh Tope (Cabinet Minister of health), Dr Vinod K Paul (NitiAyog Member, New Delhi), Dr Ramaswami N. IAS, Commissioner of Health, Dr Sadhana Tayde, Director of Health Services, Mrs. Ashwini Bhide, IAS, Mrs. Vandana Krishnan, IAS, Mrs. R. Vimala, IAS, Dr. Sheela Bhide, IAS, Mrs Meeran Borwankar IPS etc. Health minister Dr Rajesh Tope inaugurated the conference and outline Maharashtra Govt vision for NCD control. Mrs MeeranBorwankar IPS released the FOGSI-ICOG Book on PET edited by Dr MandakiniMegh, Dr Reena Wani and team in the conference inauguration and highlighted the role of police.

- · ICOG Prof. Krishnendu Gupta Endowment Conference Oration delivered by Dr. Alpesh Gandhi, President FOGSI,
- · ICOG Dr. C. S. Dawn Oration given by Prof. Tushar Kar, Immediate Past Chairperson ICOG,
- · ICOG Conference Oration delivered by Dr.MandakiniMegh, Chairperson ICOG and ICOG
- Special Oration delivered by Dr. Hrishikesh D. Pai, President Elect 2022 FOGSI.

The Conference special sessions were conducted successfully such as FIGO Session , AICC RCOG Session, Govt of Maharashtra Public & Health Dept. Session, World NCD Federation session, MWIA& AMWI session & Guest lectures by International members.

Total delegates were 3000 and National faculties were 350 with International were 15. In addition, free communications as Papers and Posters had 173 free papers in 9 different categories (42 in Senior, 131 in Junior)









* Emeritus Professor of Dept. of Obst. & Gyn. Bombay Hospital Institute of Medical Sciences a) Sciences nav Hysical et Gaenero et Makenetitas (grundust, tema Colever et Makenetitas) (grundust, tema Colever, kendal (grundust, tema Colever, kendal (grundust), et al. (Scient, Mantal Yardeet Leidenton et Gaenetic & Graecologial Scoetes et Inda 1 mar 2000)

FERTILITY ENHANCEMENT & MANAGEMENT VIRTUAL CONFERENCE

ATILITY ENHANCEMENT & MANAGEMENT VIRTUAL CONFERENCE



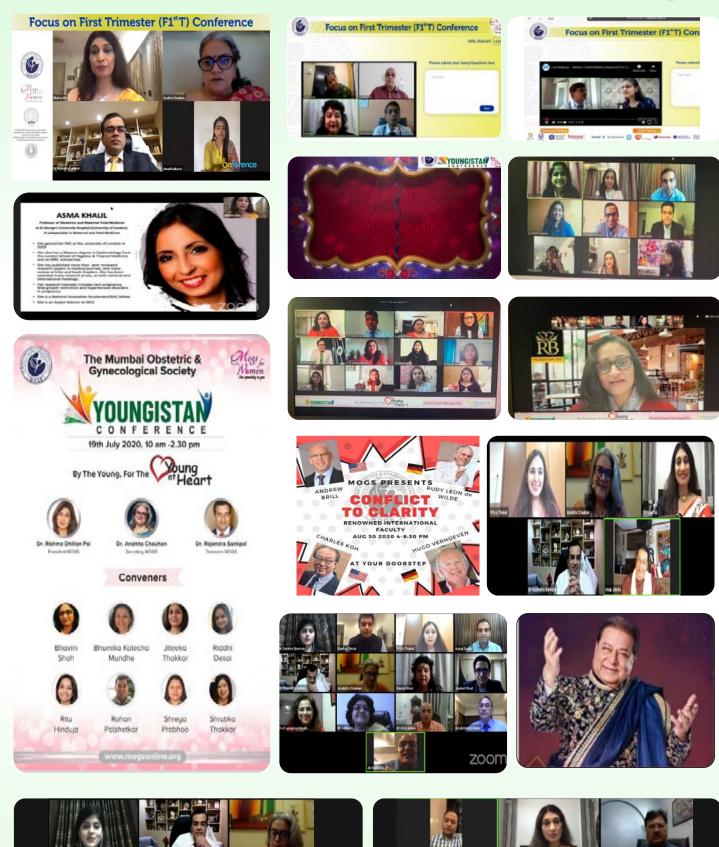








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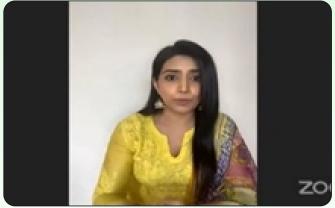


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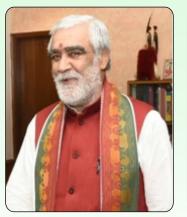






















49th Annual MOGS Conference GOTTT online on 9th, 10th and 11th April 2021

This was a unique conference and theme was GOTTT, which was a beautiful blend of various topics in gyn and obst with a focus on technologies techniques and therapeutics. Because of the COVID pandemic, it was held on a digital platform. The scientific program was conceptualized under the able guidance of President Dr RishmaPai, Dr Anahita Chauhan, Dr Rajendra Sankpal and the MOGS team - office bearers in charge were Dr Suvarna Khadilkar and Dr Niranjan Chavan, conveners were Dr Atul Ganatra, Dr Sudha Tandon, Dr Priti Vyas, Dr AmeyaPurandare, and Dr Parikshit Tank.

The conference broke all previous records and a total of 4272 registered for the annual conference. Scientific program started on 9th April with Expert interaction by Dr Atul Ganatra with Speakers representing the MMC- Dr Utture, Fire Dept- Dr Ganesh Sule, NABH boards-MrGadgil, Dr Sadhana Tayade, director, Directorate of Health Services, and Dr Dedhia and Dr Sankpal. It was a very useful and fruitful discussion on the day to day difficulties that small nursing homes are facing.

wo new awards were introduced this year by Our president Dr Rishma Pai - the Personality of the year awards and the MOGS video on the theme of the year award. Final round c

We had 4 international faculties, 200 faculties which included all MOGS committee members and some important national faculty as well. All youth council members were involved either as Master of ceremonies or as a part of MOGS Masti and Fit is it.

The main highlights of the conference were

- 1. MOGS DR Shirish Sheth Precongress workshop
- 2. MOGSTrustees session
- 3. 9 keynote addresses which also covered the Dr Sankari Symposium
- 4. 50 lectures on a particular topic
- 5. 5 Panel discussions
- 6. 20 short and Crisp bursts titled as PPP, Pearls of wisdom, Short bursts of knowledge and Technogyaan
- 7. We had 49 Free papers and 13 posters which were presented earlier on 4th April 2021
- 8. At the valedictary function the highlights of the past 2 days were shown and MOGS V Care video was played.

Due to the COVID PANDEMIC the challenges were massive but the end result was very well appreciated by one and all. It was seen to it that the all lectures were held on time.

Conference Partners were - Merck Specialities Pvt Ltd, Ferring Pharmaceuticals, Glaxosmithkline Pharmaceuticals Itd (GSK), Astra Zeneca, Svizera Healthcare, Abbott, Organon Pvt ltd (MSD)



MOGS Prizes 2020 - 2021 MOGS 48TH ANNUAL CONFERENCE PRIZES

1	MOGS - Dr. B. N. Purandare Outstanding Service Award	For Lifelong Commitment and Yeoman Services rendered to the Cause of Women's Health & Rights	Dr. Nandita Palshetkar
2.	MOGS - Dr. Ganatra Charitable Medical Center Award	For Commitment, Promotion & Services Rendered to the Cause of Women's Health	Dr. S. Shanthakumari
3.	MOGS - Dr. Ganatra Charitable Medical Center Award	For Commitment, Promotion & Services Rendered to the Cause of Women's Health	Dr. Sanjay Gupte
4.	MOGS - Dr. Saroj Desai Excellence Award	For Rendering Excellent Service in the field of Obstetrics & Gynecology and immense Contributions to MOGS	Dr. Shyam V. Desai
5.	MOGS Mr. N. A. Pandit & Mrs. Shailaja N. Pandit Award	For outstanding work done towards Women's Empowerment	Dr. Anahita Chauhan
6.	MOGS Mr. N. A. Pandit & Mrs. Shailaja N. Pandit Award	For outstanding work done towards Women's Empowerment	Dr. Hrishikesh D. Pai
7.	MOGS Dr. Ameet Patki Be GlobalTouch Local Award		
8.	MOGS – Fellowship	For Lifelong Commitment and Yeoman Services rendered to the Cause of Women's Health & Rights	
9.	MOGS – Special award for outstanding contribution to womens health.	2. Dr. Duru Shah6. Dr. Aru3. Dr. Vandana Walvekar7. Dr. Nira	ndakini Megh n Nayak Injan Chavan deep Tank
10.	MOGS - Dr. Ashok Mehra Prize	Best Paper on Endoscopy	Dr Aditi Tandon
11.	MOGS Appreciation Award	For Gracious Leadership & Dedicated Service to MOGS	Dr. Jaydeep Tank
12.	MOGS - Dr. Pramila Bhatia Young Scientist Award	5	
13.	MOGS - Dr. Pramila Bhatia Young Scientist Award	For the Best Original Research Conducted by an MOGS Member In the field of Obstetrics & Gynecology during the year.	Dr. Sonali Tawde
14	MOGS Dr.Shantabai Gulabchand Award	For training abroad in specialized areas of OBGYN	Dr.Riddhi Doshi
15.	MOGS –Late Dr. R D Pandit Essay Prize	For essay on Theme of the Year (senior category)	Dr. Sujata Dalvi



17.	MOGS – Dr. G B Belvi Prize	For excellent work presented on Operative and Emergency Obstetrics	Dr. Deepali Kale
18	MOGS- Dr BhanubenNanavati loan Scholarship for overseas studies	Training abroad in specialized areas in OBGYN	Dr Bhumika Kotecha Munde
19	MOGS – Dr. C.G.Saraiya travelling Fellowship	Training in India in specialized areas in OBGYN	Dr Riddhi Desai
18.	MOGS – Dr. H Desa Silver Jubilee Prize	Best thesis	Dr. Arnav Pai
19	"MOGS DR. Bipin Pandit Healing hands Caring Heart Meritorious Award"	For Gold Medal in MD in OBGYN in Mumbai University.	Dr. Bashani Dolly Ashokkumar
20.	MOGS – PERSONALITY OF THE YEAR AWARD	First time introduced by President Dr Rishma Pai for All-round personality contest for MOGS members	Dr Reena Wani
21.	MOGS – BEST VIDEO AWARD	First time introduced by President Dr Rishma Pai on Theme of the year	Dr. Priya Vora

Free Paper and Poster Prizes:

We had 49 paper and 13 poster presentations held on 4th April 2021 on virtual platform with online judging done live. Categories were Techniques, Technologies and Therapeutics(TTT) in Obstetrics, Gynaecology, Reproductive Endocrinology, Interesting cases and Posters presentations. The winners of the free paper competition are as follows:

TTT in Obstetrics				
Dr L M Shah Prize	1 st Prize (Junior)		Dr Zeba Pathan	
Dr N A Purandare Prize	2 nd Prize (Junior)		Dr Tulika Chohan	
Dr S D Upasani Prize	1 st Prize (Senior)		Dr Hema Relwani	
Dr N A Purandare Prize	2 nd Prize (Senior)		Dr Pramila Yadav	
MOGS Prize(For Non MOGS	member)		Dr Meera Jayprakash	
TTT In Gynaecology				
Dr L M Shah Prize	1 st Prize (Junior)		Dr Ashwini Vhatkar	
Dr N A Purandare Prize	2 nd Prize (Junior)		Dr Nikita Agarwal	
Dr S D Upasani Prize	1 st Prize (Senior)		Dr Rajneet Bhatia	
	2 nd Prize (Senior)		DR Reena Wani	
Dr N A Purandare Prize	3rd Prize (Senior)	Dr Riddhi Desai	
Endoscopy				
Dr Ashok Mehra Prize	Senior	Dr Aditi Tar	ndon	
TTT in Reproductive Endocr	rinology			
Dr L M Shah Prize	Junior	Dr Arnav Pa	ai	
Interesting cases				
Dr D K Tank Prize	1 st Prize Dr Pradnya Changade, Dr Anupama Ka Dr Payal Peharkar		-	
Dr N A Purandare Prize	2 nd Prize Dr Sonal Kumta, Dr Purva Shah Dr Purva Shah, Dr Neha Matthews			

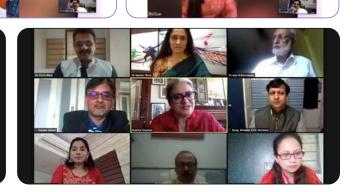
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Posters				
Dr Duru Shah Prize	1 st Prize (Senior)	Dr Pooja Agarwal		
	1 st Prize (Junior)	Dr Ashwini Vhatkar		
Dr N A Purandare Prize	Junior	Dr Manan Boob		































Outstanding Achievers

Dr Duru Shah, Dr. CN Purandare, Dr. Vandana Walvekar, Dr. Jaydeeo Tank, Dr. Hema Divekar, Dr. Mandakini Megh, Dr. Niranjan Chavan, Dr. Arun Nayak



SECTION 4

MOGS OUTREACH PROGRAMS AND CME'S



MOGS CMEs 2020-21

Election and Installation of Managing Committee, AGM & Evolve CME 10th May 2020 – The one of its kind!!

On 10th May 2020, for the first time in history of MOGS ,86th e- AGM was held followed by digital installation of MOGS President Dr Rishma Pai and her team. Due to the lockdown situation, the handing over of the presidential cap was depicted virtually by a fun video created by our youth council members, ending with handing over of the Presidential medal from Dr Jaydeep Tank to Dr Rishma Pai. Dr Niranjan Chavan, outgoing secretary coordinated the initial part of the program and gave a detailed report of the year's activities. Dr Jaydeep Tank highlighted the other significant aspects of his year including the changed strategy of the last few months due to the lockdown, including the change in strategy to webinars and use of social media. The outgoing team was thanked by IPP Dr Jaydeep Tank, prizes for best committee members and youth council members were declared by him and the results of the E-elections were declared to accept and install 7 committee members. The elected members were Dr. Reena Wani, Dr. Rohan Palshetkar, Dr. Ganpat Sawant, Dr. Punit Bhojani, Dr. Pratik Tambe, Dr. Vandana Bansal, and Dr. Priya Vora. Dr. Kedar Ganla was elected unopposed as Jt. Clinical Secretary.

Our newly installed President unveiled her plans for the year in style, also launching for the first time a Flag for MOGS, and a beautifully designed video showcasing what MOGS is all about. The experience of a digital AGM was a first, but led to a great turnout for Sunday early morning of 400+ members. MOGS e AGM attendees were 1421 totally.

This was followed by the first of its kind MOGS Evolve CME (live webinar) in association with FOGSI family welfare committee and Fogsi medical disorders in pregnancy committee. Chief guest, Mr Ashwini Kumar Chaubey (Union Minister of state, Minister of health and family welfare, New Delhi) appreciated the effort of all the gynecologists in Mumbai in this time of pandemic. Dr Alpesh Gandhi, President FOGSI was the guest of honour. The response to CME was overwhelming and total 1810 doctors logged in across the country.

The MOGS Dr Bhanuben Nanavati oration by Dr Alpesh Gandhi. A very interactive panel discussion on 'Changing dynamics in management of infertility' was moderated by Dr Rishma Pai. Dr Hrishilesh Pai, Dr Nandita Palshetkar, Dr Kedar Ganla shared their opinion about changing practices and precautions that need to be taken for patients in this pandemic. We were fortunate to have Dr Sapna Bajaj from UK share her perspective too.

Dr Alison Wright (Consultant Obstetrics and gynecology,Royal free hospital) delivered the prestigious MY Raval oration. Dr Ameya Purandare,Dr Anahita Chauhan,Dr Shobha Gudi and Dr Ameet Patki gave excellent talks.

Fresh View points in Infertility:

This was held on Sunday, June 28, 2020. After Inaugural address, Convenor Dr Sujata Dalvi invited the Chairpersons Dr Duru Shah, Dr Rishma Pai and Dr Bipin Pandit for the MOGS Oration. Dr Bipin Pandit introduced Dr Subhash Penkar and Dr Marie Pereira and spoke about the background and circumstances in which this oration was started.



This oration was delivered by the International Guest Speaker, Professor Neil Johnson -President of International Endometriosis Society from Auckland – New Zealand. He gave an elaborate oration talk on "Innovative Treatment of Endometriosis related Infertility". Professor spoke on the usefulness of Lipiodol – oil-based dye as part of treatment for Endometriosis related Infertility with evidence based data with positive successful outcome.

The next session had speaker Dr T Deepashree who spoke on "Successful HSG – Case based study" and elaborated on usefulness of Lipiodol in diagnostic / therapeutic role in Tubal block / HSG / IU pathologies with various images and videos. There were 6 multiple choice questions for audience, based on the 2 talks and each question was displayed for 10 seconds and all those who had logged in were told to put the mark on the correct answer and poll results were announced at the end of next session.

The next session of Perplexing Cases and Expert Solution with experts Dr Sadhana Desai, Dr Mukesh Agarwal and Dr Asha Rao – FOGSI Endometriosis Committee. The session was very interactive, practically oriented and cleared doubts regarding the treatment in various infertility cases. The session of Questions and Answers was conducted by Dr Kundan Ingale – Chairperson FOGSI Infertility Committee and Dr Rakhi Singh – Chairperson FOGSI Endocrine Committee. Professor Neil Johnson with all the faculty experts answered all the questions put forward by the audience. Total Registration - 1108

MOGS Teachers Day Program

MOGS online Teachers Day Program was held on 5 th September 2020 from 6:30 pm onwards. Conveners were Dr Rajendra Nagarkatti & Dr Komal Chavan. Program started by a very wonderful informative talk on Optimising Results in IUI by Guest speaker Dr Sunita Tandulwadkar. Dr Rishma Pai delivered her Presidential address & later along with Dr Sarita Bhalerao, V P MOGS welcomed our trustees Dr Adi Dastur, Dr Shyam Desai & Dr C N Purandare who blessed us by their Pearls of wisdom.

Senior teachers namely Dr Sadhana Desai, Dr Manik Potwar, Dr Madhuri Patel, Dr Kaizad Damania & Dr Anahita Chauhan, who have dedicated 3- 4 decades teaching students were felicitated by office bearers of MOGS and Conveners with Shawl, Sreephal (coconut) & Memento which was physically handed over to them by Sun Inca team on the same day. Dr Supriya Arwari, MOC conducted the felicitation in her excellent shero shayari way. Videos compiled by Dr Niranjan Chavan and Dr Shrutika Thakkar were played as tribute to all the trustees of MOGS. Guru Vandana was sung by the very melodious Dr Pooja Bandekar.

For Entertainment we had a stand up comedy by Dr Sameer Sheikh & awesome dance videos made by our young brigade & MOCs Dr Shrutika, Dr Unnati Dr Navneet dedicated to our teachers. 26 youth Council members joined together to make a lovely video. It was the most memorable web program with blend of academics gratitude & fun.

MOGS-FOGSI Workshop: Virtual FOGSI Workshop on Safe Abortions and Contraception Café: Dilemmas to decisions, Saturday, 5th December, 2020

The program began with Welcome address by Dr Rishma Dhillon Pai, President MOGS followed by FOGSI President Dr Alpesh Gandhi's address. The convenor was Dr. Punit Bhojani. There were 2 highly informative talks, Contraception update by Dr Basab Mukherjee, and



Relook at Abortion law by Dr Jaydeep Tank.The session on Contraception and abortion consisted of FAQs for safe practices: moderators were Dr Shobha N Gudi & Dr Bharti Maheshwari. Responders were Dr Vanita Raut, Dr Reena Wani, Dr Punit Bhojani, Dr Priti Vyas, Dr Padmaja Samant. The last session was a power packed Panel discussion on Medicolegal issues in Abortion and contraceptive practices, moderated by Dr Manish Machave. The Expert was Dr Atul Ganatra. The panelists were Dr Santosh Jaybhaye, Dr Sangeeta Pikale and Dr Ashok Anand. Total attendance was 160.

MOGS CME "REFRESH, REVISE AND REVISIT ENDOMETRIOSIS"

For the first time ever, the World Endometriosis Society collaborated with MOGS for this focused CME on Sunday, 18th April from 11.15 a.m. to 2.00 p.m. The session began with the Presidential address by MOGS President Dr. Rishma Dhillon Pai, who also delivered the first talk on Choices and Options in Medical Management of Endometriosis. This was followed by talks on Adenomyoma Surgery by Dr Rajendra Sankpal and ART in Endometriosis by Dr. Hrishikesh Pai. All 3 talks were excellent and garnered many questions, which were moderated by the chairs, Dr. Niranjan Chavan, Dr. Ganpat Sawant and Dr. Charumati Pekhale.

The next session featured the President of the World Endometriosis Society, Prof Neil Johnson from New Zealand, who shared his knowledge on The Good Oil Soluble Contrast Medium on Fertility. His wonderful talk was followed by numerous questions from the audience, managed by the chairs, Dr Anahita Chauhan, Dr Rajendra Nagarkatti and Dr Sanket Pisat. This was followed by a talk on HSG Cases by Dr Aniruddha Joshi.

The session ended with a short stimulating presentation on New Gyan by Dr Shrutika Thakkar, who along with Dr Bhumika Kotecha, conducted the day's proceedings efficiently. The program was truly of an international standard and was managed by the WES in UK. It was granted 2 ICOG Credit hours. The academic partner was Guerbet.

Sr. No.	Program Date	Program	Conveners	Attendance
1.	18.04.2020	MOGS & FOGSI (MDIP)Webinar on Fever in Pregnancy	Dr. Komal Chavan	1761
2.	23.04.2020	MOGS & FOGSI (MDIP)Webinar on Pregnancy with or without COVID 19 – Do's & Don'ts 2.0	Dr. Komal Chavan	2153
3.	23.04.2020	MOGS- MAGE Live Webinar on Heavy menstrual bleeding in women with endometriosis & fibroids	Dr. Niranjan Chavan	1598

MOGS Outreach programs



4.	25.04.2020	FOGSI- ICOG -MOGS Live Webinar on Obstetrics and gynecology practices during COVID-19 - A Global perspective	Dr. Niranjan Chavan	4017
5.	10.05.2020	MOGS Evolve CME	Dr. Anahita Chauhan	1810
6.	16.05.2020	MOGS TOG Live Webinar on Male & Female Infertility	Dr. Niranjan Chavan	2248
7.	20.05.2020	MOGS FOGSI Webinar on "Stop the glow: Abnormal Uterine Bleeding What to do & How"	Dr. Rajendra Nagarkatti	1920
8.	21.05.2020	MOGS Webinar on "Antenatal Care"	Dr. Sujata Dalvi	37
9.	01.06.2020	MOGS live webinar on "How to Start OPD and Routine Gynaec Surgeries post covid19 lockdown 4.0"	Dr. Niranjan Chavan	1504
10.	13.06.2020	MOGS Outreach Webinar	Dr Purnima Satoskar, Dr Nagendra Sardeshpande, Dr Punit Bhojani, Dr Mansi Medhekar	85
11.	28.06.2020	MOGS CME "Fresh Viewpoints in Infertility"	Dr. Sujata Dalvi	1108
12.	11.07.2020	MOGS CME "Impact of Influenza in Pregnancy"	Dr. Anahita Chauhan	262
13.	12.07.2020	MOGS Webinar "Experts View on intrauterine insemination"	Dr. Rishma Dhillon Pai	227
14.	25.07.2020	MOGS Outreach Webinar	Dr. Sujata Dalvi, Dr. Ameya Purandare, Dr. Priya Vora	67
15.	08.08.2020	MOGS TOG Webinar on "Successful Outcomes in Ovarian Dysfunction"	Dr. Niranjan Chavan	834
16.	09.08.2020	MOGS Outreach Webinar	Dr. Purnima Satoskar, Dr. Nagendra Sardeshpande. Dr. Punit Bhojani, Dr. Mansi Medhekar	547



די	16.09.2020	MOCE Outroach a CME an	Dr. Atul Capatra	297
17.	16.08.2020	MOGS Outreach e-CME on	Dr. Atul Ganatra,	297
		Key Issues in Obstetrics and	Dr. Pratik Tambe, Dr. Ashwin Kakkar	
10	20.00.2020	Gynaecology		1900
18.	20.08.2020	FOGSI Midlife Committee &	Dr. Rajendra	1900
		MOGS TOG Webinar	Nagarkatti	/
19.	05.09.2020	MOGS Teachers Day Program	Dr. Rajendra	324
			Nagarkatti,	
			Dr. Komal Chavan	
20.	25.09.2020	MOGS Outreach Program	Dr. Sujata Dalvi,	222
			Dr. Ameya Purandare,	
			Dr. Priya Vora	
21.	31.10.2020	MOGS CME on "Blood Health	Dr. Reena Wani,	2479
		Forum"	Dr. Madhuri Mehendale	
22.	06.11.2020	MOGS CME on "Genetic	Dr. Parikshit Tank	703
		Testing in Obstetric Practice"		
23.	12.11.2020	MOGS CME on "Molecular	Dr Priti Vyas,	670
		Insights In Gynaec Diseases"	Dr Anahita Chauhan	
24.	06.12.2020	MOGS & FOGSI Webinar	Dr. S N Agarwal,	292
2 1.	00.12.2020		Dr. Rajendra Nagarkatti,	232
			Dr. Navneet Desai	
25.	12.12.2020	MOGS & AMOGS Outreach		219
25.	12.12.2020		Dr. Rajendra Nagarkatti,	215
		Webinar	Dr. Priti Vyas,	
			Dr. Ashok Shukla	
26.	13.12.2020	MOGS Outreach e-CME on "	Dr. Atul Ganatra,	
20.	13.12.2020	Key Issues in Obst & Gyn.	Dr. Pratik Tambe,	291
		Rey issues in Obst & Gyn.	Dr. Sonal Kumta	
			Di. Sonar Karnta	
27.	20.12.2020	MOGS Webinar on " Fetal	Dr. Vandana Bansal,	700
27.	20.12.2020		Dr. Sarita Bhalerao,	,
		Medicine web symposium for clinicians	Dr. Madhuri	
			Mehendale	
28.	10.01.2021	MOGS ISOPARB Webinar	Dr. Rajendra	498
			Nagarkatti,	
			Dr. Komal Chavan	
20	16 01 2021	MOGS Outreach Webinar	Dr. Sujata Dalvi	250
29.	16.01.2021	MOUS Outreach Webinar	Dr. Sujata Dalvi, Dr. Amova Durandara	250
			Dr. Ameya Purandare	
				(00
30.	17.01.2021	MOGS Outreach CME on	Dr. Ganpat Sawant,	402
30.	17.01.2021	MOGS Outreach CME on "Obstetic Doppler near term and its implications	Dr. Ganpat Sawant, Dr. Parikshit Tank,	402



31.	23.01.2021	MOGS - TOG Webinar on " COVID -19 Vaccine	Dr. Niranjan Chavan	361
32.	28.01.2021	MOGS in Asso with AMOGS Midlife Management Comm Webinar on "Newer Concepts in Infertility Management"	Dr. Rajendra Nagarkatti, Dr. Pratik Tambe, Dr. Rohan Palshetkar	212
33.	13.02.2021	MOGS Webinar	Dr. Purnima Satoskar, Dr. Nagendra Sardeshpande, Dr. Punit Bhojani, Dr. Mansi Medhekar	442
34.	14.02.2021	MOGS Webinar "FOCUS - The OoCyte"	Dr. Sudha Tandon, Dr. Rohan Palshetkar, Dr. Jiteeka Thakkar	500
35.	20.02.2021	MOGS e-CME on "Endocrine Problems in Obst & Gyn"	Dr. Pratik Tambe, Dr. Ameya Purandare	1131
36.	06.03.2021	MOGS Oncology CME Webinar	Dr. Madhuri Patel, Dr. Gaurav Desai	202
37.	09.03.2021	MOGS Blood Health Forum	Dr. Ameya Purandare	1000
38.	13.03.2021	MOGS Webinar on "Infections in Obgyn"	Dr. Sanket Pisat, Dr. Mansi Medhekar, Dr. Madhuri Mehendale	841
39.	14.03.2021	MOGS Dr. Ganatra Trust CME on "Updates in Prediction, Prevention & Screening in Obgyn	Dr. Priya Vora, Dr. Komal Chavan	650
40.	21.03.2021	MOGS Webinar on "Basics to Advances in ART"	Dr. Raju Sahetya, Dr. Unnati Mamtora, Dr. Garima Sharma	470
42	18.04. 2021	MOGS CME on "Refresh, Revise & Revisit Endometriosis"	Dr. Rishma Dhillon Pai Dr. Anahita Chauhan	
43	20.4.2021	Blood Health forum with MOGS	Dr Punit Bhojani	336
44	24.04.2021	MOGS Outreach E - CME on "Recent Advances in Obstetrics and Gynaecology"	Dr. Atul Ganatra, Dr. Pratik Tambe, Dr. Sonal Kumta	500
45	24.04.2021	MOGS CME on "Gastrointestinal Complications and Liver Disorders in Pregnancy"	Dr. Rishma Dhillon Pai Dr. Nandita Palshetkar	220









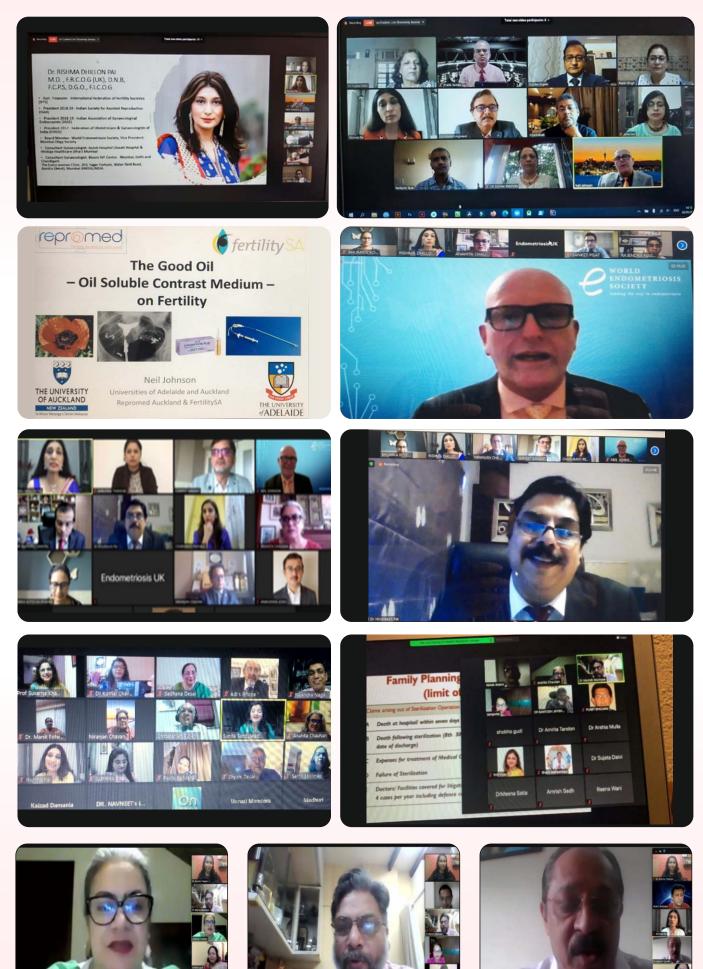












SECTION 5

MOGS TEACHING ACTIVITIES



MOGS TEACHING ACTIVITIES

The PG teaching programs of the MOGS have proved to be of great value for student members. The programs were structured to cover as many topics as possible with a stress on practical application and an orientation towards postgraduate examinations.

Dr. N A Purandare programs and MOGS Dr Nandita Palshetkar PG CME

Dr N A Purandare teaching programs are open to postgraduate students with no registration fee, being fully funded by MOGS and are conducted in rotation in medical colleges / teaching hospitals as well as private hospitals. The program has a set protocol and creates a postgraduate practical examination experience. The Office bearer in-charge of these Programs was Dr Suvarna Khadilkar and Co-ordinators were Dr Sujata Dalvi and Dr Ameya Purandare

MOGS Dr Nandita Palshetkar PG CME is an annual extravaganza of academics, including long cases, shot cases, spots ans specimens. More than 100 Faculty from various teaching Hospital impart important knowledge tips to the students.

1.	27.06.2020	MOGS Dr N A Purandare Teaching Prog. Conducted by Bhatia Hospital	Dr. Sujata Dalvi, Dr. Ameya Purandare, Dr. Sarita Bhalerao, Dr. Pranay Shah	120
2.	26.07.2020	MOGS Dr N A Purandare Teaching Program TNMC Nair Hospital	Dr. Shailesh Kore, Dr. Mansi Medhekar	485
3.	13.08.2020	MOGS Dr N A Purandare Teaching Program BHIMS	Dr. Suvarna Khadilkar, Dr. Sujata Dalvi, Dr. Ameya Purandare, Dr. Kunjal Bathija	180
4.	3.10.2020	MOGS Dr N A Purandare Teaching Program WADIA	Dr. Sarita Bhalerao, Dr. Geetha Balsarkar, Dr. Sujata Dalvi	223
5.	25.11.2020	MOGS Dr N A Purandare Teaching Program HBTMC Cooper Hospital	Dr. Sneha Shirodkar, Dr Reena Wani, Dr. Komal Chavan, Dr. Sujata Dalvi, Dr. Ameya Purandare	225
6.	11.12.2020	MOGS Dr N A Purandare Teaching Program KEMH	Dr. Niranjan Mayadeo, Dr. Sujata Dalvi, Dr. Ameya Purandare, Dr. Aditi Phulpagar	195
7.	22.01.2021	MOGS Dr N A Purandare Teaching Program	Dr. Sujata Dalvi, Dr. Ameya Purandare, Dr. Mamta Sharma, Dr. Ashok Kumar	358
8.	26 th to 28 th Feb, 2021	MOGS Dr. Nandita Palshetkar PG CME - 2021 (First Phase)	Dr. Ganpat Sawant, Dr. Madhuri Mehendale, Dr. Punit Bhojani, Dr. Mansi Medhekar, Dr.Pradnya Supe	420
9.	06 th & 07 th March, 2021	MOGS Dr. Nandita Palshetkar PG CME - 2021 (Second Phase)	Dr. Sujata Dalvi, Dr. Ameya Purandare, Dr. Priti Vyas, Dr. Komal Chavan	420
10.	18.07.2020	HOD Meeting	Dr. Purnima Satoskar, Dr. Ganpat Sawant, Dr. Komal Chavan	

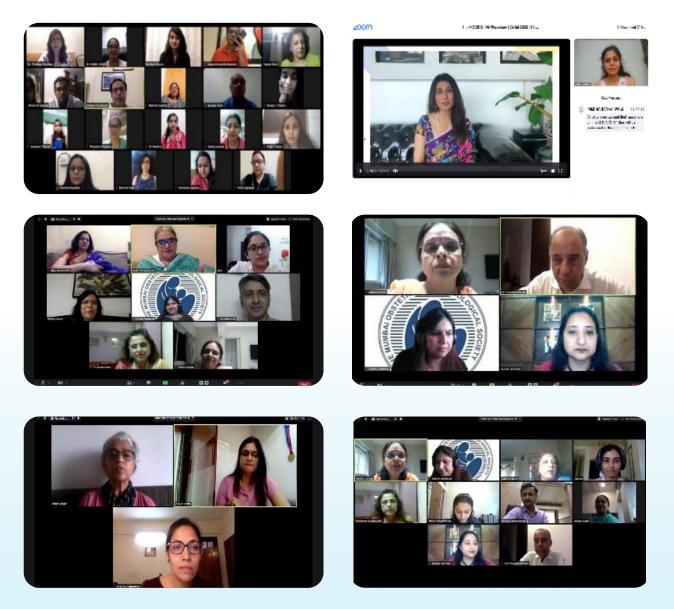


"MOGS – Dr. Rishma Pai & Dr. Hrishikesh Pai Quiz".

Dr Rishma Pai & Dr Hrishikesh Pai Quiz was conducted this year as a virtual quiz on 6th March. The quiz for all young MOGS Members who had completed internship on or after

February 2012. The topics for the quiz were : Reproductive Endocrinology, Infertility, High risk obstetrics & Oncology. There were 4 rounds, Dr Punit Bhojani was the quiz master

Dr Sujata Dalvi was the Judge & Dr Shreya Prabhu was the score keeper Dr.Hera Mirza (first prize) and Dr. Sushila Singh (2nd prize) were winners of MOGS Dr. Rishma & Dr. Hrishikesh Pai Quiz. They will represent MOGS for Dr. Usha Krishna Quiz West Zone Round at West Zone Yuva FOGSI Conference organized by Navsari Ob-Gyn Society on 29/05/2021.



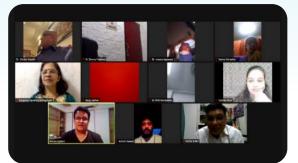
Dr. N A Purandare programsand MOGS Dr Nandita Palshetkar PG CME

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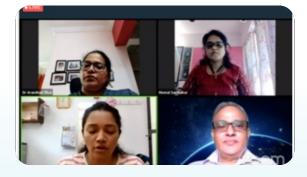


Historical Perspective 350 BC Aristotle : Hereditary info is transmitted as messages 1859 Charles Darwin "On the origin of species "theory of Natural

- 1859 Charles Darwin "On the origin of species ";theory of Natural selection and evolution
- 1865 Gregor mendel : identifies discrete units of hereditary
 In 8 years 28000 plants,40,000 flowers ,400000 seeds :44 pages
 Died unsung 1884
- 1905 Bateson cambridge rediscovered Mendel's work and ensured mendel's resurrection
 Bateson coins word genetics 1 : the study of heredity & variation (genno greek : to give birth)



PG Crash Course









SECTION 5







MOGS with FOGSI/ ICOG : Programs 2020 -21

Sr. No.	Program Date	Program	FOGSI COMMITTEE	Conveners	Delegate
1.	18.04.2020	MOGS & FOGSI (MDIP)Webinar on Fever in Pregnancy	Medical Disorder in pregnancy committee	Dr. Komal Chavan	1761
2.	23.04.2020	MOGS & FOGSI (MDIP)Webinar on Pregnancy with or without COVID 19 – Do's &Don'ts 2.0	Medical Disorder in pregnancy committee	Dr. Komal Chavan	2153
3.	25.04.2020	FOGSI- ICOG -MOGS Live Webinar on Obstetrics and gynecology practices during COVID-19 - A Global perspective		Dr. Niranjan Chavan	4017
4	10.05.2020	MOGS Evolve CME	Family Welfare & Medical Disorder in pregnancy committees	Dr. Anahita Chauhan	1810
5	20.05.2020	MOGS FOGSI Webinar on "Stop the glow: Abnormal Uterine Bleeding What to do & How"	Midlife Management committee	Dr. Rajendra Nagarkatti	1920
6	21.06.2020	MOGS Conference on "Focus on First Trimester"	Food,Drugs & MedicoSur. Equip comm. Midlife Management, Genetic & Fetal Medicine, & Imaging Science	Dr Purnima Satoskar, Dr.RajendraNagarkatti, Dr Ganpat Sawant, Dr Komal Chavan, Dr Mansi Medhekar, Dr Rohan Palshetkar	1000
7	28.06.2020	MOGS CME "Fresh Viewpoints in Infertility"	3 committees: Endocrinology Endometriosis Infertility	Dr. Sujata Dalvi	1108
8	19.07.2020	MOGS Youngistan Conference	Young Talent Promotion, Public Awareness, Clinical Reasearch committees	Dr. Bhavini Shah, Dr. Bhumika Kotecha Mundhe, Dr. Jiteeka Thakkar, Dr. Riddhi Desai, Dr. Ritu Hinduja, Dr. Rohan Palshetkar, Dr. Shreya Prabhoo, Dr. Shrutika Thakkar	1317



9	20.08.2020	FOGSI Midlife	Midlife	Dr. Rajendra Nagarkatti	
		Committee & MOGS	Management		1900
		TOG Webinar	committee		
	30.08.2020	MOGS Virtual	Endoscopy	Dr. Reena Wani,	1318
10		Conference on	Urogynecology	Dr. Sardeshpande,	
		Conflict to Clarity	Sexual Medicine	Dr. SanketPisat,	
			comm	Dr. Priya Vora,	
				Dr. Gaurav Desai	
11	05.09.2020	MOGS Teachers Day	Midlife	Dr. Rajendra Nagarkatti,	324
		Program	Management	Dr. Komal Chavan	
		MOGS & FOGSI	Family welfare,	Dr. Punit Bhojani	160
12	05.12.2020	Virutal Workshop	MTP		
		on "Safe Abortion &	Ethics & Medico		
		Contraception Cafe"	legal committee		
13	06.12.2020	MOGS & FOGSI	Midlife	Dr. S N Agarwal,	292
		Webinar	Management	Dr. Rajendra Nagarkatti	
				Dr. Navneet Desai	
	12.12.2020	MOGS & AMOGS	Midlife	Dr. Rajendra	219
14		Outreach Webinar	Management	Nagarkatti, Dr. Priti	
			0	Vyas, Dr. Ashok	
				Shukla	
	10.01.2021	MOGS ISOPARB	Midlife	Dr. Rajendra	498
15		Webinar	Management	Nagarkatti, Dr. Komal	
			Medical Disorder	Chavan	
			in preg.		
	28.01.2021	MOGS & AMOGS Midlife	Midlife	Dr. Rajendra Nagarkatti,	212
16		Management Comm Webinar on	Management	Dr. Pratik Tambe,	
		"Newer Concepts in Infertility	U	Dr. Rohan Palshetkar	
		Management"			
17	04 th to 07 th	FOGSI – ICOG in Asso	HIV & AIDS	Dr. Mandakini Megh,	3500
	February,	with MOGS	Committee	Dr. Sarita Bhalerao	
	2021	Conference on "Non	Gynaecologic		
		Communicable	Oncology		
		Diseases in Obgyn(NCD)			
18	14.02.2021	MOGS Webinar	Medico Legal,	Dr. Sudha Tandon,	500
		"FOCUS The OoCyte"	Endocrinology	Dr. Rohan Palshetkar,	
			Infertility & Quiz	Dr. Jiteeka Thakkar	
			committees		
19	09 th to 11 th	MOGS 49 th	Adolescent Health,	Dr. Atul Ganatra, Dr. Sudha	
15	April, 2021	Annual	International	Tandon, Dr. Parikshit Tank,	4200
		Conference	Academic Exchange,	Dr. Ameya Purandare,	
		contenence	Medical Education,	Dr. Priti Vyas	
			Perinatology		
			Practical Obstetric,		
			Safe Motherhood		
			& Study on Female		
			Breast committees		



OTHER MOGS ACTIVITIES WITH FOGSI COMMITTEES Launch of ISOPARB Mumbai Chapter & CMES ISOPARB Mumbai Chapter CME Sunday, 10th January 2021 on Recent Updates in OBGYNby Dr. Rajendra Nagarkatti with Midlife Mgt Committee.

The Program began with President Dr Rishma Pai, Guest of Honor, giving a Welcome address to all the participants. Then ISOPARB Mumbai President Dr Suchitra Pandit, also a Guest of Honor addressed the audience and gave a short address about the birth and the initial steps taken by the ISOPARB Mumbai Chapter which she had initiated and started when she was finishing her term as National ISOPARB President. MOGS Hon Secretary Dr Anahita Chauhan also welcomed all the participants and gave a brief review of the MOGS activities. FOGSI Publication of Jan 2021 Supplement of American Journal Of Perinatology edited by Dr Alpesh Gandhi & Dr Reena Wani was released. This was followed by scientific sessions. The Program was attended by 498 participants.

MOGS activities with AMOGS Endocrinology society

Our MOGS Managing Council member Dr Pratik Tambe as Chairperson, AMOGS Endocrinology Committee conducted a series of online events throughout 2020-21 with the themes "Key Issues in Obs Gyn", "Reproductive Medicine" and "High Risk Pregnancy" where MOGS members were involved as key faculty and actively participated, sharing their expertise and helping in knowledge dissemination to AMOGS members throughout the entire state. The contributions by MOGS members were greatly appreciated by the audience members with congratulatory messages for the updated scientific content of the talks delivered and the practical deliberations during panel discussions.

Joint programs of FOGSI medical disorders in pregnancy committee with MOGS 2020-21

Managing council member, Dr Komal Chavan as Chairperson FOGSI Medical Disorders in Pregnancy Committee Chairperson not only conducted various events but contributed towards social cause and released several newsletters.

DATE	TIME	PROGRAM TITLE	ASSOCIATED ORGANISATIONS	ATTENDANCE
10/05/2020	10 am-2 pm	Evolve CME	MOGS FOGSI	
09/08/2020	10 am-2 pm	Outreach, hypertensive disorders in pregnancy	MOGS, FOGSI	350
05/02/2021	2-6pm	Pre congress workshop - recomendations to clinical practice	ICOG, FOGSI, MOGS	2000+
14/03/2021	10 am-2 pm	Updates on prediction prevention & screening (Dr Ganatra trust cme)	MOGS, FOGSI	750
27/03/2021	6pm	Blood health forum	FOGSI , MOGS	1200

List of Academic Programs

List Of Awareness & Social Activities

Anaemia Free Pregnancy Campaign for month of November 2020 - Month long Anaemia Free Pregnancy Campaign had participation from more than 100 societies all over India in various awareness activities



MOGS Participated in SLOGAN, RANGOLI, POSTER - Third prize best poster Dr Shrutika Awareness ACTIVITIES (Co ordinated by Dr Tushar Palve at Cama Hospital on 26th November 2020, on occasion of World Iron Deficiency Day)

MOGS SOCIETY won outstanding Award for best Community ActivityAwareness Videos by Dr Komal Chavan

International Yoga Day - 20th June 2020

Breastfeeding in Covid Positive Mothers -4th August 2020 Diabetes in Pregnancy Summit - 10th March 2021, on occasion of National GDM DAY Organised by IHW Council , Artist (Dr Hema Divakar) with FOGSI Committees Represented with Quiz team from Mumbai (non medicos) Team Mumbai Diabetes Heroes - 2nd Runner up -Ms Aditi Patwardhan (daughter of Dr Neena Patwardhan) Ms Dishita Batham (daughter of Pooja Batham) Mr Pronoy Neogi

Newsletters - Editor in Chief Dr Komal Chavan

1- GDM Updates on 14 th Nov 2020 (World Diabetes Day) - Editors - Dr Munjal Pandya, Dr Shreya Prabhoo (YC Member MOGS)

2- Thyroid Updates in Pregnancy released on 31st January 2021(Thyroid Awareness Month) -- Editors - Dr Mansi Medhekar (Managing Council Member MOGS), Dr Kirtan Vyas

Managing Committee MembersDr Reena Wani, Dr Hemant Dugad, Dr Lalita Mayadeo,
Dr Ashto Mathur, Dr Rajendra Tiwari

MOGS Members at Mumbai Menopause Society

President	Dr. Ashwini Bhalerao-Gandhi (2019-2021)
Secretary	Dr. Geetha Balsarkar, Dr. Beena Kumari
Council member	Dr. Sarita Bhalerao, Dr. Priya Vora, Dr. Sujata Dalvi
	& Dr. Kinjal Shah

MOGS Members at RCOG:

President, West Zone, RCOG	Dr. Sarita Bhalerao		
Chair West Zone RCOG,	Dr. Ameet Patki		
Secretary, West Zone	Dr. Shantala Vadeyar		
Treasurer, West Zone	Dr. Suchitra Pandit		
Fellow Representative, West Zone	Dr. Anju Sengar, Dr Reena Wani, Dr. Ashwin Shetty,		
Member Representative, West Zone Dr Siddesh Iyer, Dr Sudeshna Ray			

MOGS Members at FIGO / AOFOG / SAFOG

Chair, Safe Abortion Committee, FIGO Chairman, Education Committee, SAFOG Deputy Secretary General, AOFOG

Dr. Jaydeep Tank Dr. Suchitra Pandit Dr. Jaydeep Tank



Administrative Reports



The Mumbai Obstetric and Gynecological Society (MOGS) was founded in 1937 and is a founder member society of the Federation of Obstetric and Gynecological Societies of India (FOGSI). The Society is in its 87th year with 2283 members during 2020-21 is the second largest organization of specialized professionals at local level nationally and internationally.

The membership of MOGS stands at 2178 members. The breakup of MOGS membership by category as on March 19th, 2021 is as follows:

	llth	New	19 th March,
	March,2020	Memberships	2021
Honorary Member	3	-	3
Patrons	83	-	83
Life Members	1953	3	1956
Life Members – Associate	71	2	73
Ordinary Members	148	5	153
Ordinary Members becoming Life Members	60	-	60
Associate Members	166	12	178
Total Members	2484		2506
Less non -renewal of membership			
by Ordinary Members	201		328
Total Members	2283		2178

MOGS Condolences

We express our condolences with regard to the demise of Dr.Ajit Mehta, Dr Parag Patil and Dr Rajeshwari (Champa) Nariani.

TEAM MOGS 2020-2021

Chairman of Board of Trustees

Dr. Adi Dastur had served as Chairman of Board of Trustees and Dr Shyam Desai took over from him in September 2020.

Trustees 2020-21

Dr. N. D. Motashaw, Dr. Duru Shah, Dr. C. N. Purandare and Dr Vandana Walvekar



Office Bearers

- Dr Rishma Pai President
- Dr Jaydeep tank Immediate Past President
- Dr Sarita Bhalerao Vice President
- Dr Anahita Chauhan –Secretary
- Dr Rajendra Sankpal-Treasurer
- Dr Geetha Balsarkar- Clinical Secretary
- Dr Niranjan Chavan Vice President Dr Suvarna Khadilkar – Joint Secretary Dr Shailesh Kore –Librarian Dr Kedar Ganla- Joint Clinical Secretary

Past Presidents: Dr Arun Nayak, Dr Nandita Palshetkar, Dr Vanita Raut, Dr Bipin Pandit

Managing Council Members 2020-2021

Dr. Sujata Dalvi	Dr Ganpat Sawant
Dr. Purnima Satoskar	Dr Sanket Pisat
Dr. Parikshit Tank	Dr Priti Vyas
Dr. Ameya Purandare	Dr Pratik Tambe
Dr. Kedar Ganla	Dr Priya Vora
Dr. Reena Wani	Dr Madhuri Mehendale
Dr. Rajendra Nagarkatti	Dr Punit Bhojani
Dr. Sudha Tandon	Dr Vandana Bansal
Dr Nagendra sardeshpande	Dr Komal Chavan
Dr Atul Ganatra	Dr Mansi Medhekar
	Dr Rohan Palshetkar

COOPTED MEMBERS: Dr. Mandakini Megh, Dr. Gaurav Desai and Dr. Unnati Mamtora for the year 2020-21.

Meetings of the MOGS Managing Council 2020-21

The MOGS Constitution directs the Managing Council to meet at least 6 times a year or as frequently as required. 11 meetings were held, the dates were as follows

Sr. No.	Meeting Dates
1	20th May, 2020
2	25th June, 2020
3	28th July, 2020
4	25th August, 2020
5	23rd September, 2020
6	29th October, 2020
7	26th November, 2020
8	07th January, 2021
9	12th February, 2021
10	19th March, 2021
11	27 th April, 2021

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Due to lockdown and Coronavirus situation, there was a shift from physical meetings to online E-meetings. The first online meeting of the Managing Council of the Mumbai Obstetric and Gynecological Society was held on Wednesday, 20th May, 2020 at 2.00 pm. Dr. Rishma Dhillon Pai welcomed the new office bearers, newly elected Managing Council Members and announced her team for the year 2020-2021. Dr. Rishma Dhillon Pai explained that due to the pandemic, major changes had to be made in plans. She announced the plans for the year, and that depending on the situation we would have virtual/e-conferences and CMEs.

There was tremendous participation of the members of the Managing Council in activities of the MOGS during the year, both in terms of active involvement in administration as well as in the organization of academic and public service activities, despite the ongoing COVID-19 Pandemic.

The attendance at Managing Council Meetings during 2020–2021 has been tabulated and is as follows:

Name of the Member	Meetings Attended	Name of the Member	Meetings Attended
Dr. Rishma Dhillon Pai	11	Dr.SanketPisat	9
Dr.Jaydeep Tank	4	Dr.Priti Vyas	10
Dr.SaritaBhalerao	11	Dr.Prati kTambe	11
Dr.NiranjanChavan	10	Dr.PriyaVora	10
Dr.Anahita Chauhan	11	Dr.PunitBhojani	10
Dr.SuvarnaKhadilkar	9	Dr.Vandana Bansal	8
Dr. Rajendra Sankpal	9	Dr. Madhuri Mehendale	10
Dr.ShaileshKore	9	Dr.KomalChavan	10
Dr.GeethaBalsarkar	9	Dr. Mansi Medhekar	10
Dr.KedarGanla	6	Dr.RajuSahetya	10
Dr.SujataDalvi	11	Dr. Rohan Palshetkar	8
Dr. PurnimaSatoskar	7	Dr.ArunNayak	РР
Dr.Parikshit Tank	8	Dr. Nandita Palshetkar	РР
Dr.AmeyaPurandare	11	Dr.VanitaRaut	РР
Dr.ReenaWani	8	Dr.BipinPandit	РР
Dr. Rajendra Nagarkatti	10	Dr.MandakiniMegh	7
Dr.SudhaTandon	10	Dr. Gaurav Desai	8
Dr. Nagendra Sardeshpande	1	Dr.UnnatiMamtora	7
Dr.AtulGanatra	7		
Dr.GanpatSawant	11		



Trustee meetings: 3 were held on 25th June 2020, 23rd September, 2020 and 18th March, 2021

MOGS Outreach Zonal co-ordinators

MOGS Outreach Zonal co-ordinators

	OFFICE BEARER IN CHARGE -	DR RISHMA PAI
Sr. No. ZONES		CO- ORDINATORS
		Sujata Dalvi
1	South Mumbai	Priya Vora
	Dadar	Ameya Purandare
		Kedar Ganla
		Nagendra Sardeshpande
2	Central Mumbai Dadar	Purnima Satoskar
-	To Bandra And Sion	Punit Bhojani
		Mansi Medhekar
		Sanket Pisat
3	Western Suburbs	Priti Vyas
	Bandra To Andheri	Komal Chavan
		Reena Wani
		Mandakini Megh
4	Western Suburbs	Rajendra Nagarkatti
4	Jogeshwari Onwards	Vandana Bansal
		Raju Sahetya
		Bela Bhatt
5	Eastern Suburbs	Parikshit Tank
5	Ghatkopar / Chembur/	Sudha Tandon
	Kurla	Ganpat Sawant
		Madhuri Mehendale
6	Mulund/ Dombivali /	Pratik Tambe
-	Kalyan	Atul Ganatra

MOGS Cells

Dr. Rishma Dhillon Pai announced that there are no different cells/ committees this year. This year she has started MOGS Yuva Leads, 6 youth council members were chosen with the aim of developing leadership qualities.



MOGS Cells

Dr. Rishma Dhillon Pai announced that there are no different cells/ committees this year. This year she has started MOGS Yuva Leads, 6 youth council members were chosen with the aim of developing leadership qualities.

Name Of Zone	Zonal Yuva Leads
South Mumbai	Dr. Bhumika Kotecha Mundhe
Central Mumbai	Dr. Riddhi Desai, Dr. Bhavini Shah
West	Dr. Shreya Prabhoo
West (Jogeshwari Onwards)	Dr. Ritu Hinduja
East	Dr. Jiteeka Thakkar
Dombivali- Kalyan	Dr. Shrutika Thakkar

MOGS Youth council

The Youth Council coordinates with and supports the Managing Council in organizing MOGS activities, has periodic meetings under supervision and its members are invited to participate in the meetings of the Managing Council by rotation with Mentors appointed by the Managing Council supervising the MOGS Youth Council

Youth Council Members 2020-21 were

Aditi Tandon	Kunal Doshi	Ritu Hinduja	Katha Desai
Amiti Agrawal	Mohit Saraogi	Sargam Soni	Medha Tankhiwale
Ashwini Kalyankar	Nandan Purandare	Sarita Channawar	Nidhi Shah
Bhavini Shah	Neelam Bhise	Shreedevi Tanksale	Shruti Thar
Bhumika Kotecha Mundhe	Nishita Parekh Shah	Shreya Prabhoo	Namrita Sheregar
Deepali Kale	Pradnya Changede	Siddesh Iyer	Shrutika Thakkar
Garima Sharma	Pradnya Supe	Sushil Shinde	Jagruti Nalawade
Gautam Sonawane	Pranay Desai	Tejal Poddar	Gouri Sultane Gupta
Jiteeka Thakkar	Pritimala Gangurde	Yogesh Trivedi	Rajashri Tayshete
Kausha Shah	Riddhi Desai	Zubin Sheriar	Rana Choudhary
Shah Kinjal Atul	Riddhi D. Doshi	Sheetal Sawankar	Amrita Tandon
			Kekin Gala



MOGS Youth Council Mentors 2020-21: This year's mentors wereDr Ameya Purandare, Dr Parikshit Tank, Dr Priti Vyas, Dr Sanket Pisat, Dr Priya Vora, Dr Punit Bhojani and Dr Mansi Medhekar

General Body meetings held in the year

After the first MOGS e AGM with Evolve CME on 10th May 2020 (attendees were 1421 totally) Second MOGS e-GBM was held on 29th September, 2020.

2ndMOGS e- GBM REPORT 29th September, 2020

Dr. Rishma Dhillon Pai, President welcomed everyone to the General Body Meeting. She said that the General Body Meeting is held in the month of September each year, to basically get the audited accounts approved and for certain financial resolutions to be adopted. She thanked MOGS Trustees, Dr. Adi Dastur, Dr. C. N. Purandare, Dr. Shyam Desai, Dr. N. D. Motashaw and Dr. Duru Shah. She bid farewell to Dr Adi Dastur as he retires as Chairperson and she welcomed Dr Shyam Desai who was the senior member of the Board of Trustees, as new Chairperson. Dr Vandana Walvekar was appointed as a new member of board of trustees. She informed about the passing away of three members. Two minutes silence was observed for these departed souls. Dr.Ajit Mehta, Dr.Parag Patil and Dr. Rajeshwari (Champa) Nariani.

Dr. Suvarna Khadilkar presented the Audited Statement of Accounts and the Balance Sheet for the year ending 31st March 2020 which had already been presented to and approved by the Board of Trustees.

Surplus during the year for appropriation was Rs. 33,54,842.57.

EXCESS of Income over Expenditure transferred to MOGS Menstrual Hygiene Project Fund 30,00,000.00

Balance Surplus Transferred to Income & Expenditure A/C	3,54,842.57
Interest on fixed deposits	Rs. 17,50,062.49.
Interest from saving bank account was	Rs.1,09,522.00.
Income from other sources was	Rs. 33,34,800.26.
Receipts towards the various program was	Rs. 3,63,39,816.87,
Sponsorship received during the year was	Rs.1,57,52,118.17.
There is an all time high revenue. EE4 26 775 70 (E crores E4 lakhs)	Thoro is substantial surr

There is an all time high revenue - 5,54,26,735.30 (5 crores, 54 lakhs) There is substantial surplus.

Dr. Suvarna Khadilkar read the financial resolution relating to the accounts which were were unanimously accepted.

Dr. Anahita Chauhan, Secretary, MOGS, presented the report of the various activities conducted from 10th May onwards, which included:

Webinars, CME and Outreach programs (Total 14 programs) MOGS Dr. NA Purandare Teaching Program (Total 3 programs) Managing Council Meetings (5 meetings) Trustee Meetings (2) Participation in FOGSI activities



- o MOGS in association with FOGSI Pledged for Organ Donation 1st July, 2020
- o Breast feeding Week
- o Poster, slogan and video competition
- o Winning entries sent for FOGSI competition

She thanked MOGS staff members for doing the work from home during this pandemic situation.

Dr. Rishma Dhillon Pai (President) presented Updates on activities, conferences and orations so far.

She spoke about all major conferences. Viz. Evolve Conference, MOGS Conference on "Focus on First Trimester", MOGS CME "Fresh Viewpoints in Infertility", MOGS Youngistan Conference, MOGS Virtual Conference on Conflict to Clarity focus on Controversial Gynecological issues.

President also highlighted other activities:

- o Online zoom HOD Meeting was held on 18th July, 2020.
- o Website www.mogsonline.org Our website is updated and dynamic.
- o MOGS APP 2.0 UPDATED AND ACTIVE
- o Report Of VCareAndShare Activities From June To September 2020 was presented, and

explained the need for this program to help our front line workers and patients during this difficult time.



Social & Charitable Activities



SOCIAL & COMMUNITY ACTIVITIES

MOGS V Care and Share Program by Dr. Rishma Pai

This was an initiative started at the beginning of the year in COVID Pandemic situation. Dr. Hrishikesh Pai is the Convener of this program.

Objectives and priority of the program discussed at the first MCM were as follows:

- Support and help all our members who are at the frontline, and working towards saving thousands of lives, specially of pregnant mothers
- They need encouragement, support
- Logistic support- Our focus will be more on providing PPE Kits, monitors, drugs to our doctors- as per their requirement
- · Teams formed all over Mumbai to reach out to help
- Ex officio Dr Rishma Pai, Dr Anahita Chauhan, Dr Rajendra Sankpal
- · Conveners Dr Hrishikesh Pai, Dr Nozer Sheriar
- · Co-conveners-Dr Nandita Palshetkar, Dr Jaydeep Tank, Sarita Bhalerao, Atul Ganatra
- Advisory Council- Past presidents- Ashwini Bhalerao, Suchitra Pandit, Ameet Patki, Arun Nayak, Vanita Raut, Bipin Pandit
- HOD of 5 municipal/govt hospitals Ganesh Shinde, Niranjan Mayadeo, Arun Nayak, Sneha Shirodkar, Ashok Anand, Suvarna Khadilkar, Mandakini Megh, Madhuri Patel, Usha Saraiya, Usha Krishna, Niranjan Chavan, Parikshit Tank, Ameya Purandare
- · Advisory Council (Non MOGS members) Pompy Shridhar
- Support team-Trustees, Managing committee, Senior supporters of MOGS, Youth Council.
- Volunteer FORCE

Dr. Hrishikesh Pai spoke of request from major municipal hospitals for assistance required in COVID times. They are in urgently need of PPE-Sterile, N95 Masks, Fetal Doppler, cordless mike, small pulse oximeters, NST machines etc. This fund can take care of all the difficulties.Initially Dr. Hrishikesh Pai, along with Dr. Rishma Pai, asked all Heads of Departments of ObGyn in major public hospitals for their urgent requirements during the pandemic. After written replies were obtained, Dr. Nozer Sheriar, Dr. Jaydeep Tank and Dr. Atul Ganatra (who had informed us that he would be able to procure a good rate for purchase of equipment from vendors), were consulted.

Glimpses of MOGS V Care & Share Program Activities in the Year 2020-21

The MOGS V Care and Share Program is continuing its efforts in helping frontline workers and patients during the Covid pandemic down the past year.

Activities June 2020

This program was launched by the President Dr. Rishma Pai during her installation on 10th May 2020, and details were discussed in the first MCM on 20th May 2020

MOGS purchased through its own funds: 1 NST machine, 500 PPE, 600 N 95 masks, 15 pulse oximeters, 6 BP apparatus, 16 fetal dopplers and 3 infrared thermometers. The total cost incurred by us was Rs.5,73,045/-.

MOGS ANNUAL REPORT | May 2020 – May 2021



At the outset, the program was kickstarted by a generous personal donation from Dr. Hrishikesh Pai and Dr. Rishma Pai. Our past member Dr. Shobhana Mohandas and Dr. Nandini Ram Babu also made contributions. We would like to place on record our thanks and appreciation to all the donors.

The first round of equipment was personally distributed on 2nd June 2020 by MOGS Secretary Dr. Anahita Chauhan, along with managing committee members Dr. Mansi Medhekar and Dr. Unnati Mamtora, and Youth Council member Dr. Medha Tankiwala, to the 6 major hospitals.

We had appealed to all our industry partners to help us in this program. Sun Pharma came forward with a substantial donation of PPE, N 95 masks, face shields, infrared thermometers and gloves which made it possible for us to honour requests from peripheral BMC hospitals as well.

The second lot of equipment, including an NST machine to Nair Hospital, was personally distributed on 10th and 11th June 2020 by MOGS Secretary Dr. Anahita Chauhan, along with managing committee member Dr. Gaurav Desai, and Youth Council members Dr. Mohit Saraogi, Dr. Siddesh Iyer and Dr. Medha Tankiwala, to the 6 major hospitals as well as the 5 peripheral hospitals.

In August 2020, we focused on:

- Income generation through private donations
 - o We were able to raise an additional Rs. 1,03,000/- from private donors, through sms campaigns and personal appeals
- · Distribution of care packages to breast feeding Covid positive and negative mothers
 - o 200 packages were distributed to select BMC teaching hospitals as part of the World Breastfeeding Week celebrations.
 - These packages contained masks, hand sanitizers, soap and protein powder sachets, along with a note in Marathi encouraging mothers to breast feed
 - o This was done through our own funds (approximately Rs. 21,000/-) along with donation of protein powder sachets by Abbott
 - o Dr. Reena Wani and Dr. Madhuri Mehendale along with Youth Council members Dr. Pradnya Supe and Dr. Pradnya Chengade helped in this activity

Distribution of care packages to our resident doctors

- o Our major activity in August was to focus on the health, immunity and nutrition of resident doctors who are working tirelessly during the pandemic
- We distributed 330 care packages to residents in all the major public and teaching hospitals - KEM, Sion, Nair, JJ, Cooper, Wadia, Bombay Hospital, Somaiya and DY Patil
- o Each package had healthy non perishable snacks like chikki, oats cookies, peanuts and non- fried snacks which we purchased through our own funds (approximately Rs. 25,000/-)
- o Youth Council members Dr. Bhumika Kotecha Mundhe and Dr. Nidhi Shah helped with this activity
- o This activity was supported by Zuventus who added surgical face masks, caps, sanitizer, and a month's supply of zinc tablets to each package



Support to Family Planning Association of India (FPAI)

- o FPAI has been doing excellent work through the pandemic and have continued to offer all FP services through their centres in Mumbai to more than 5600 clients
- o They appealed to us for help with protective equipment
- o We donated 50 PPE, 50 N 95, 20 face shields and 200 surgical masks to them which were greatly appreciated

September 2020

The MOGS V Care and Share Program is continuing its efforts in helping frontline workers and patients during the Covid pandemic. In this month, we focused on:

- o Income generation through private donations: additional Rs. 65,000/- from private donors, through sms campaigns and personal appeals
- · Distribution of care packages to patients
 - o 200 packages distributed to patients in select teaching hospitals
 - o These packages contain masks, soap, and chikki which have been purchased through our own funds, along with a note in Marathi encouraging patients to stay safe
 - o Torrent Pharma added N 95, hand sanitizer, calcium and Vitamin D tablets and provided logistical support in the distribution

Distribution of care packages to resident doctors and Lecturers

- o Our major activity in July and August was to focus on the health, immunity and nutrition of doctors
- This was greatly appreciated by the residents and the HODs and as per their suggestion, this month we have included the lecturers as well
- o We distributed 400 care packages to residents and lecturers in all the major public and teaching hospitals - KEM, Sion, Nair, JJ, Cooper, Wadia, Bombay Hospital, Somaiya and DY Patil
- o This activity is supported by Torrent who have added N 95 masks, sanitizer, nuts and calcium and Vitamin D tablets to each package. They are also helping with the distribution

Distribution of token of appreciation to senior faculty Approximately 100 senior professors and associate professors received a small token of appreciation, along with a letter, from MOGS

December 2020

The MOGS V Care and Share Program is continuing its efforts in helping frontline workers and patients during the Covid pandemic. We received excellent feedback from Heads of Department of various teaching hospitals, who informed us that our previous care packages have been greatly appreciated by all doctors and patients. Also, most of the basic PPE and other equipment are now available. However, residents and junior doctors miss the small caring touches, especially during festival times. Hence, we focused on spreading cheer and goodwill and ending this difficult year on a positive note.



In the month of December our main focus was on procurement and distribution of care packages to patients, doctors, nursing and labor staff in all the major public and private hospitals. We distributed more than 1000 bags. This activity was managed entirely through our own funds and we spent approximately Rs.1,10,000/-.

- Distribution of care packages to patients
 - o 250 packages were distributed to patients in select teaching hospitals

o These packages contained handmade cotton mask, jaggery, roasted chana, biscuits, and a letter from MOGS in Marathi encouraging patients to stay safe

- Distribution of 487 care packages to resident doctors and Lecturers
 - We distributed care packages to residents and lecturers in all the major public and teaching hospitals - KEM, Sion, Nair, JJ, Cooper, Wadia, Bombay Hospital, Somaiya and DY Patil
 - o We also distributed to SMO and residents in peripheral hospitals KB Bhabha Bandra, KB Bhabha Kurla, VN Desai Santacruz, KBDA Kandivali
 - o For the first time we included select private teaching hospitals also LH Hiranandani, Lilavati, Bhatia and Saifee hospitals
 - o A colorful bag filled with handmade cotton mask, sweet and savory goodies (candy, marshmallows, chips, kurkure, etc), Xmas hat/headband and a letter from MOGS
 - Distribution of 208 surplus bags in select institutes to patients and nursing and labor staff serving in the Obgyn department at the discretion of the HOD/ senior faculty
- · Distribution of token of appreciation to 80 senior faculty
- A small token of appreciation was given to Professors and Associate Professors/ Honorary Consultants - a colorful bag with Christmas plum cake, a handmade cotton mask, and a letter from MOGS
- Surplus bags were also given to our Office staff as well as FOGSI staff.
- We supported artisans by ordering cotton masks from Dastkari Haat in Delhi, which showcases the work of artisans from all over India. This activity was conceptualized and executed by Dr. Rishma Dhillon Pai and Dr. Anahita Chauhan. Packing was done by our office staff, and distribution was done in coordination with representatives from the various hospitals. Dr. Reena Wani said that Nurses were highly appreciative of this gesture- a small investment can improve the work commitment.

March 2020

Holi gifts given to 200 patients across 4 teaching hospitals

May 2020

Pen drives with recording of all PG teaching programs including the Dr N A Purandare teaching programs and Dr Nandita Palshetkar PG CME 2021 were distributed to all resident doctors.



V CARE & SHARE



















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SOCIAL PROGRAMS 2020-2021

Sr. No.	Program Date	Program	Conveners	Attendance
1.	08.08.2020	World Breastfeeding	Dr Reena Wani &	300 PNC
		Celebrations	Dr. Madhuri Mehendale	Mothers
2.	21.11.2020	MOGS & FOGSI -	Dr. Reena Wani	40 trainees
		Violence against		plus 100
		Women program at		online
		Cooper Hospital		
3.	07 th & 8 th	MOGS & Dept of Obst		Online 60+
	March 2021	Gyn at Cooper Hospital -	Dr. Reena Wani, Dr. Sneha	50 Vcare gift
		International Womens	Shirodkar	bags given
		Day program		
4.	6 th to	MOGS & Dept of Obst	Dr Niranjan Chavan, Dr	100 pts
	12 th March	Gyn at Sion Hospital -	Madhuri Mehendale	screened, 50
	2021	International Womens		Vcare gift
		Day program		bags given
5.	7 th & 8 th	MOGS & FOGSI	Dr Rajendra Nagarkatti -	by various
	March	collaboration for gyne	Pap smear and Breast	private
		cancer screening	screening	centers
6.	16 th March	Police Camps	Dr Sujata Dalvi, Dr Ameya	
	2021		Purandare, Dr Priya Vora	

World BreastfeedingWeek (WBW) Celebrations MOGS 2020: Activities by MOGS

 MOGS conducted a slogan/poster /video competition in the month of July. The winners represented MOGS in the FOGSI competition for the WBW celebrations. The winners' slogan/ video and poster are posted on MOGS website page The local winners were

Dr Bhavini Shah - video presentation

Dr Tejal Poddar - Slogan

Dr Rashi Karodia (1st) and Dr Shreedevi Tanksale (2nd) in poster competition.

All the winners were awarded with Rs1000 cash and certificate.

Dr. Bhavini won 2nd prize at national level in FOGSI Competition.



1) WBW Celebrations with Mumbai Breastfeeding Promotion Committee(MBPC) started off with Virtual Inaugural Function on Tuesday 4th August 2020. This was in association with many organizations working in this field including ACASH, MCGM, IAP Mumbai, UNICEF, SNEHA and others. Dr Reena Wani, current President of MBPC was coordinating this activity with Dr Sushma Malik (HOD Neonatology Nair) and Dr Ruchi Nanavati (HOD Neonatology KEM). This was attended by many stalwarts in the field, and WBW Theme "Support BF for a Healthy Planet" was discussed along with recommendations for COVID times. Results of E-poster competitions for nurses and other HCW, and Resident doctors were declared and winners felicitated. Dr Pradnya Changede and Dr Pradnya Supe (MOGS Youth council members) compered and coordinated the program.

2) GIFT Bags for Breastfeeding Mothers

On 8th August, as a part of WBW celebrations and part of MOGS VCare, 200 self-care kits each especially made for our breastfeeding mothers were distributed (50 each) in Lokmanya Tilak Municipal Medical College/Sion hospital, HBTMC & Cooper hospital, BYL Nair hospital and Seth GS medical college/KEM hospital. These kits contained sanitizers, masks, soap, some nutritional supplements. It also included a letter of encouragement to all the postnatal mothers. The kits designed for the pandemic time were appreciated by mothers.We thank Head of department of all these institutes for their cooperation and help. Dr Reena Wani(Cooper hospital), Dr Shailesh Kore (BYL Nair hospital),Dr Madhuri Mehendale(Lokmanya Tilak Municipal Medical College) coordinated the distribution with help of our MOGS President Dr Rishma Pai and MOGS Secretary Dr Anahita Chauhan.

3) Lactation Management in COVID Times This is a currently debated topic and 2 talks at National level were given addressing these issues in Webinars by Dr Reena Wani, our managing committee member. Many of our MOGS members conducted public awareness campaigns on social media for this topic. Dr Komal Chavan released a video for patients on BF for WBW.

Violence Against Women & Girls (VAWG) PROGRAM & POSTER COMPETITION 21ST November 2020

The department of Obstetrics & Gynecology at HBTMC & R.N. Cooper Hospital organised a Poster Competition on the 2020 global theme: "Orange the World: Fund, Respond, Prevent, Collect" & a training program on Comprehensive Health Response to Survivors of Violence and Role of Health Care Providers for doctors & nursing staff as part of activity of the International Day for the Elimination of Violence Against Women.Poster competition organised on the theme had 6: Physical & 8: e-Posters (Total – 14) which were judged by Dr. Sanjay Panchal (Asst. Prof. Dept. of Community Medicine) & Dr. Satish Kale (Asst Hon, Dept. of Orthopedics). All the entries were thought provoking & had excellent artistic representation of the theme. Prizes sponsored by MOGS.Dean Sir Dr. Pinakin Gujjar had extended full support to the program & sent his best wishes. Lectures revolved around domestic violence, sexual assault, POSCO and the role of forensic medicine. Actual case scenarios with comprehensive approach to the survivorswere discussed.

Convener: Dr Reena Wani; Co-ordinators: Dr Kruti Doshi, Dr. Hema Relwani



International womens day celebration 2021-

International Women's day celebration was organized on 7th and 8th March 2021 at HBT Medical College and Dr RN Cooper Hospital with the enthusiastic efforts of Dr Reena Wani(HOU) and Dr Sneha Shirodkar(HOD). The program was conducted in association with MOGS and FOGSI Poster competition was organized prior on the theme "**Updates on Awareness & Screening of Genital Cancer in Women**" where participation of medical students, nursing students, post graduate residents was encouraged. There were 13 entries, 5 were physical posters and 8 were E posters.

DAY 1: 7thMarch (Sunday): Keeping in mind the current guidelines for COVID 19 the reachout program on 7th March was conducted on Virtual platform (Zoom/Onference) for doctors, MBBS students, staff nurses and women from different walks of life. The topic was "Cancer screening for women in India" The program was followed by a Q&A session where the panelists answered the queries of the viewers.

DAY 2: 8thMarch (Monday) As a continuation of International Women's Day Celebration OBGY dept in collaboration with MOGS conducted Updates on Awareness & Screening of **Genital Cancer in Women.** Dean Dr. Pinakin Gujjar graced the occasion & was welcomed and felicitated. Dr. Shenoy (HOD PSM) and Dr. Shraddha Maheshwari (HOD Neurosurgery) judged the posters. In OPD, screening of patients for genital and breast cancer was done with Bimanual Breast examination, Pap Smear and Per Vaginal Examination. 13 patients registered for screening program for whom google forms were filled out. This was followed by Health talk about awareness of Screening in women for Genital and Breast Cancer and importance of Sanitisation and Nutrition for antenatal Women.Gifts from MOGS V- Care were distributed to all antenatal patients. Following this, was a Seminar on Importance of Folic Acid and the New 4th Generation folate stressing about the importance of periconceptional use of Folic Acid.

Report of International Women's Week Celebration of Sion Hospital Mumbai from 6-12th March 2021.

Sion Hospital, LTMC, Obgyn. Dept, Mumbai conducted Free Pap Smear & amp; Breast Examination Camp with the support of MOGS WE CARE & amp; SHARE packets from 6th March to 11th March 2021 on the occasion of International Women's Day Celebration 2021.

The camp was conducted from 6/3/21 to 12/3/2021 and more than 100 patients underwent the pap smear and breast examination. The patients gotpackets which contained Glucon-D biscuits, mask and a lovely letter written by MOGS President and Secretary, MOGS for the patients in their vernacular language.

Dr Arun Nayak, Professor and HOD Dept. of Obgyn., Dr Niranjan Chavan Prof.(Addl.) and HOU, Dr Madhuri Mehendale, Assist. Professor, LTMMC and all the faculty members of Obgyn dept, Sion Hospital, Mumbai thank MOGS for supporting the International Women's day & week celebrationat Sion hospital.



Report of Police camp held on 16th March 2021 On the occasion of International Women's Day on 8 th March 2021, a cancer awareness

program and screening camp was conducted by Dr. Priya Vora Thakur, in association with MOGS and C Ward Medical Association at Dr. Vora's Maternity and Gynaecological Hospital on Tuesday, 16 th March from 11 am to 4 pm.

Twenty-six lady traffic police constables and inspectors (from Malabar Hill, Colaba, Azad Maidan, Paydhuni, Kala Chowki, Tardeo, Byculla, Nagpada, Bhoiwada and Wadala) under DCP Yogesh Kumar attended the camp.

Free medical services such as weight estimation, CBC, blood sugar, thyroid, breast examination, pap smear and gynaecological consultation were offered at the camp. An informative talk on breast and cervical cancer as well as its prevention was given. As part of the MOGS, V care and share program, the police officers were given bags containing a sanitizer, soap, biscuits and masks. As visible through their feedback, they found the camp to be very informative and helpful.

Special thanks Dr. Anuja Purandare (Pathologist) for extending a helping hand.

Report of Medical camp - Cancer Screening Test/distribution of Hampers under V care n share project by MOGS on Saturday, March 27, 2021

This Medical camp was conducted with Rotary Club of Mumbai Cuffe Parade at Ruxmani Lying In Hospital, Babulnath, Mumbai 400 007 for Female employees of Gamdevi Police Station, Mumbai 400 007.

They were first counselled regarding importance of cancer screening / healthcheck-up on regular basis. History taking and general clinical examination followed by Breast,Gynaecological examination with Pap smear was done. This was conducted by Dr Sujata Dalvi and Dr Ameya Purandare. Blood Investigations - CBC / RBS were done by team of Dr Purandare's Pathological Lab headed by Dr Anuja Purandare (Cons Pathologist). Reporting of Pap smear will also be done by her.

Hampers (sticker of MOGS V care n Share Program) with Dettol soap, Unibic Oats– Honey Cookies, Hand Sanitizer, Surgical masks were given to all. Hampers were also given to all the Indoor patients of Ruxmani Lying in Hospital. Total of 28 Hampers were distributed (14–OPD/ 14–Indoor).

We would like to MOGS for giving us an opportunity to conduct this medical and cancer screening camp. We would like to thank MD Dr Jageshwar Pandey of Ruxmani Lying In Hospital for giving us permission, Dr Anuja Purandare for providing the support of pathology laboratory services and Ms Sonal Somaiya – President RCMCP and Senior Police Inspector In charge of Gamdevi Police Station, Mr Rampyare Rajbhor for motivating / encouraging employees of Police Station to participate in this camp.



SOCIAL & COMMUNITY ACTIVITIES



SECTION 8

Members Achievements



MOGS- Dr. Duru Shah Best Committee Award for the year 2020-2021.

Dr Sujata Dalvi	Dr Ameya Purandare
Dr Reena Wani	Dr Pratik Tambe
Dr Priti Vyas	Dr Sanket Pisat
Dr Mansi Medhekar	Dr Rohan Palshetkar
Dr Gaurav Desai	Dr Unnati Mamtora

MOGS- Prof Khurshed and Dr Soonu Sherair Best youth council member award 2020-2021

Dr Bhumika kotecha Munde	Dr Riddhi Desai
Dr Garima Sharma	Dr Siddesh Iyer
Dr Shrutika Thakkar	Dr Ritu Hinduja
Dr Shreya Prabhoo	

FOGSI Awards to MOGS members

- 1. MOGS FOGSI Dr. Sadhana Desai Population stabilization promotion prize 2019
- 2. MOGS FOGSI Dr. Duru Shah Youth trophy 2019
- 3. MOGS Preventive oncology award 2019
- 4. Dr Ritu Hinduja Dr Vasantben Shah scholarship for overseas study
- 5. Dr. Rohan Palshetkar Training fellowship in Laparoscopy
- 6. Dr. Rana Choudhary FOGSI IPAS award
- 7. Dr. Sneha Sathe FOGSI CORION Award Junior category
- 8. FOGSI D C Dutta prize 2020 for best publication Dr Nandita Palshetkar, Dr Hrishikesh Pai, Dr Rishma Dhillon Pai, Dr Pratik Tambe

MOGS Member Professional Achievements / Awards of MOGS members

Dr Sarita Bhalerao was installed as Chair, India representative committee (IRC) West zone RCOG. She recieved 2 awards from ICOG

1. 2nd prize for Best Governing Council Member

2. Appreciation award for Outstanding work done for ICOG conference **Dr Sujata Dalvi** won an Essay Competition that was announced by Rotary Club Agra, Taj City in April 2021. Topic of the competition was - Improving Maternal and Child Health care in India – How Rotary Can Help

3. **Dr Pratik Tambe** took over as Chairperson, AMOGS Endocrinology Committee (2020-22) He was also elected Executive Committee member, ISAR(2020-22), Governing Council member, ICOG (2021-22) and Managing Committee member, Maharashtra Chapter ISAR (MSR) (2021-23)

Dr Pratik Tambe received the following awards:

FOGSI Dr Mehroo Hansotia Best Committee Award 2019; presented at AICOG Lucknow 2020 FOGSI Future Award; presented at AICOG Lucknow 2020

Awarded FOGSI Dr DC Dutta Best Publication Award 2020 (to be presented at AICOG Indore 2021) He has also been the Chief Editor, MOGS Media 2020 and AMOGS Update 2020 series of newsletters



MOGS MEMBERS IN VARIOUS ORGANIZATIONS

MOGS Members as FOGSI Office Bearers (2020 - 21)

- Immediate President FOGSI Secretary General Deputy Secretary General Treasurer Joint Treasurer
- Dr. Nandita Palshetkar Dr. Jaydeep Tank Dr. Madhuri Patel Dr. Suvarna Khadilkar Dr. Parikshit Tank

MOGS Members as FOGSI Committee Chairpersons (2020)

Medical Disorders in Pregnancy committee Midlife Management Committee Dr. Komal Chavan Dr. Rajendra Nagarkatti

MOGS Members as ICOG Office Bearer / Council Members (2020-21)

Dean	Dr.C. N.Purandare
Past Chairpersons	Dr.Mahendra Parikh, Dr.Usha Saraiya, Dr.Duru Shah
Chairperson ICOG	Dr. Mandakini Megh
Past Presidents FOGSI (Co-opted)	Dr.C.G.Saraiya, Dr.M.N.Parikh, Dr.Shirish Daftary,
	Dr.Usha Krishna, Dr.Shirish Sheth, Dr.Sadhana Desai,
	Dr.R.P.Soonawala, Dr.Usha Saraiya, Dr.Shyam Desai,
	Dr.Duru Shah, Dr.P. K. Shah
Governing Council Members	Dr Sarita Bhalerao, Dr Ashwini Bhalerao-Gandhi,
Elect 21-22	Dr Pratik Tambe, Dr Reena Wani

MOGS Members as Office Bearers of JOGI (2020 -21)

Editors Emeritus	Dr. M.N.Parikh, Dr. Adi Dstur, Dr. C.N. Purandare,
	Dr. Gautam Allahbadia
Editor in Chief	Dr. Suvarna Khadilkar
Secretary & Manager	Dr. Ashwini Bhalerao Gandhi
Associate Editor	Dr. Geetha Balsarkar
Joint Associate Editor	Dr. Madhuri Patel
Assistant Editor	Dr. Sujata Dalvi
lst Joint Assistant Editor	Dr. Arun Nayak
2nd Joint Assistant Editor	Dr. Anahita Chauhan
Assistant Secretary	Dr. Pradnya Changede
Joint Assistant Secretary	Dr. Pradnya Supe

MOGS Members at AMOGS (2020 - 21)

Founder President Founder Secretary and Trustee Trustee President Hon. Secretary 1st Joint Secretary Dr R D Pandit Dr. C B Purandare Dr Nitin Narvekar Dr Nandita Palshetkar Dr Arun Nayak Dr. Sujata Dalvi



Treasurer	Dr Bipin Pandit
2nd Joint Secretary	Dr Rohan Palshetkar
State Co-ordinator	Dr Hrishikesh Pai
State Co-ordinator	Dr Ameya Purandare
Zonal Co-ordinator	Dr Kedar Ganla

Committee Chairpersons:

Family Welfare & MTP committee Endocrinology Committee Midlife Committee

Dr Mandakini Megh Dr Pratik Tambe Dr Rajendra Sankpal

MOGS Members of IAGE (2020 - 21)

Treasurer Council Member Dr. Atul Ganatra Dr. Niranjan Chavan, Dr. Ganpat Sawant, Dr. NitinShah, Dr.Anurag Bhate, Dr. Nagendra Sardeshpande, Dr. Ameya Padmawar, Dr Sanket Pisat

MOGS Member at Maharashtra Chapter of IAGE

2nd Vice Chairperson	Dr. Sudha Tandon	
Secretary General	Dr. Niranjan Chavan	
Joint Treasurer	Dr. Rohan Palshetkar	
Clinical Secretary	Dr. Ganpat Sawant	
Managing Committee Member	Dr. Abhishek Mangeshikar	
MOGS Members at ISAR (2020 - 21)		
Immediate Past President	Dr. Rishma Dhillon Pai	
Vice President	Dr. Nandita Palshetkar	
2nd Vice President	Dr. Ameet Patki	
Hon Secretary General	Dr. S Krishnakumar	
Hon Treasurer	Dr. Kedar Ganla	
MOGS Members at ISPAT (2020 -21)		
Founder President	Dr R P Soonawala	

Founder President	Dr. R. P. Soonawala
Past Presidents	Dr. Raju Sahetya, Dr. Sharad Gogate,
	Dr. M. N. Parikh, Dr.Adi Dastur, Dr. Hema Purandare
Senior Vice President	Dr. Shantala Vadeyar
Hon. Secretary General	Dr. Saurabh Dani

MOGS Members at AMC (2020 - 21)

Secretary	Dr Nilima Vaidya-Bhamare
Vice President	Dr Ashok Shukla
Zonal Directors	Dr Bipin Pandit, Dr Rajendra Chawhan
Chairman Medicolegal cell	Dr Sudhir Naik
Jt Treasurer	Dr Rajendra Nagarkatti
Advisor Social service cell	Dr Shivbhagwan Agarwal



Other misc, Office details



The MOGS office staff worked tirelessly and sincerely throughout the year and indeed form an essential component contributing towards the extremely efficient functioning of the organization. Due to pandemic situation for few months they were working from home/ in shifts but have resumed full work from November 2020.

The MOGS office staff comprises of

Mrs. Divya Bhadricha (joined in 1982) Mr. Manohar Kambre (joined in 1986) Mr. Narendra Lase (joined in 1991) Mr. Hemant Mistry (joined 1st March, 2015) Mr. Mandar Panchal (joined 1st March, 2015) Staff photo



Onference team

The onference team lead by Mr Makrand Desai were the backbone of MOGS this year where in we went 100 percent virtual. We thank them for their constant support, it would have been impossible to do any academic program without their help. Academic Partners of MOGS 2020-2021:with logos, for back cover

Platinum Partners

- 1. Sun Pharma Laboratories Ltd
- 2. Torrent Pharma

Gold Partners

- 1. Unilever
- 3. Zuventus Pharma
- 5. Eris Life Sciences Itd
- 2. Walter Bushnell
- 4. Bharat Serums & amp; Vaccines Ltd
- 6. Emcure



Public Awareness activities

Due to restriction on physical gatherings, many online activities for public awareness and information were carried out. As described in the section on social activities, wherever possible in person health talks were given. Dr Reena Wani conducted online programs for schoolgirls of Karjat with Rotary club on menstrual hygeine(400+ participants) andeducational videos on COVID in pregnancy and vaccination, in Gujarathi for the Dasa Porwad Samaj group. Along with ICOG & FOGSI, our committee chairpersons from MOGS Dr Rajendra Nagarkatti and Dr Komal Chavan actively participated in different public forums on aspects of Womens Health. They also conducted awareness programs along with their FOGSI Committees.

A successful public forum was conducted for sensitization for Violence against Women and girls in November 2020 by FOGSI in which our MOGS Members like Dr Reena Wani and Dr Sarita Bhalerao participated, and an awareness booklet with Helplines "Kavach" was released online and put up on FOGSI Website later.

Media Programmes

Certain members like Dr Rajashree Katke and Dr Ashwini Bhalerao-Gandhi spoke in Marathi on TV educational programs on various women's health issues. Various educational programs on COVID were done by Dr Rishma Pai, Dr Rajashree Katke, Dr Anita Soni and Dr Komal Chavan.

Environmental Responsibility

With the approval of our Board of Trustees MOGS circulated an abridged statement of accounts bringing down 30 pages to 18 pages a substantial saving of paper. The detailed accounts remained available on request from the office and on our website. MOGS continued its green commitment with paperless Managing Council Meetings. Our various publications and communications were on electronic media for most of the year.

Mogs Legal Advisor

Honorary Legal Advisor Mr. Amit Kharkhanis was continued for the year 2020-2021.

Mogs Auditor

Auditors M/s Ambalal Thakkar were continued for the year 2020-2021

MOGS Trade Partners 2020 - 2021

This year MOGS had a select group of MOGS Partners supporting scientific, academic and social activities. Their participations was equal and transparent and assured through the year. MOGS appreciates the grace with which they came forward to support the cause under this new model.



The Mumbai Obstetric and Gynecological Society

VISION STATEMENT

The MOGS aspires to be the primary representative and voice of all practitioners of Obstetrics and Gynecology in Mumbai.

- To always retain the distinction of being one of the largest organizations of specialist medical professionals in India
- To be the preferred advocate and supporter of the professional interest of members and of women's health issues.
- To organize the best independent conferences and academic activities with scientific content of high quality.
- To be involved in the all round development of young members and students of obstetrics and gynecology.
- To be the favored partner for the government and other stakeholders involved in the field of reproductive health
- To be a democratic, forward looking, ethically proud and financially secure society that members will be proud of.

MISSION STATEMENT

The MOGS exists to protect the interest and promote the welfare of practitioners of Obstetrics and Gynecology in Mumbai.

- To encourage participation by our members and fellowship amongst our member practitioners.
- To work to organize the dissemination of knowledge and undertaking of research in our specialty.
- To supplement the academic and educational endeavors of students of obstetrics and gynecology.
- To strive to promote care and the betterment of services related to the health of women and children.
- To serve to advocate the health issues of women and reproductive and sexual health and rights for all.
- To partner FOGSI committees and societies, government, NGOs and industry to achieve this mission.

